



2009/2010

Annual Report



**TRANSCAPE
RURAL
SOCCER
CHALLENGE
2010**

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2010 – The World Cup comes to Mankosi

A Word from the Chairman

It was a very exciting and busy year for TransCape. We launched the new holistic HIV/Aids Program in January 2010 and we can already see the amazing effect it has got on the Prevention, Support and Treatment of HIV/Aids through sorrow data collection. We welcomed the soccer fever also in the remote areas of Nyandeni District and used it to promote VCT (Volunteering Counseling and Testing) TransCape pulled of a wonderful 2010 Soccer challenge for all of our communities and the event a was a huge success. I want to congratulate all our team members and say: Well done! I m so proud of you. I m so in awe to witness it.

TransCape has improved the infrastructure of our area through a lot of building work .More accommodation for doctors was created, the TB ward was renovated and another park home was installed for the ARV Unit. Two more Home Based Care Centers has been build and 3 Rondavels for the HIV Support groups in the area. Building is always a challenge. It needs a lot of time, work force and good management. And the rural roads of our area don't make it easier to get the material to the building sites.

Free, 1st class education is offered in our wonderful Education center. It doesn't matter what age or what level of knowledge, everyone can become part of the Education Center in Mdumbi and receive an excellent service. I think that is just fantastic. The Education Center has grown through hard work of the employees and volunteers. The latest step into the future was the launch of an organic vegetable garden to provide the learners with healthy food, plus selling overproduce to the community and backpackers for sustainability.

Many more exciting news can be found in this annual report. I hope you will enjoy reading it and get inspired.

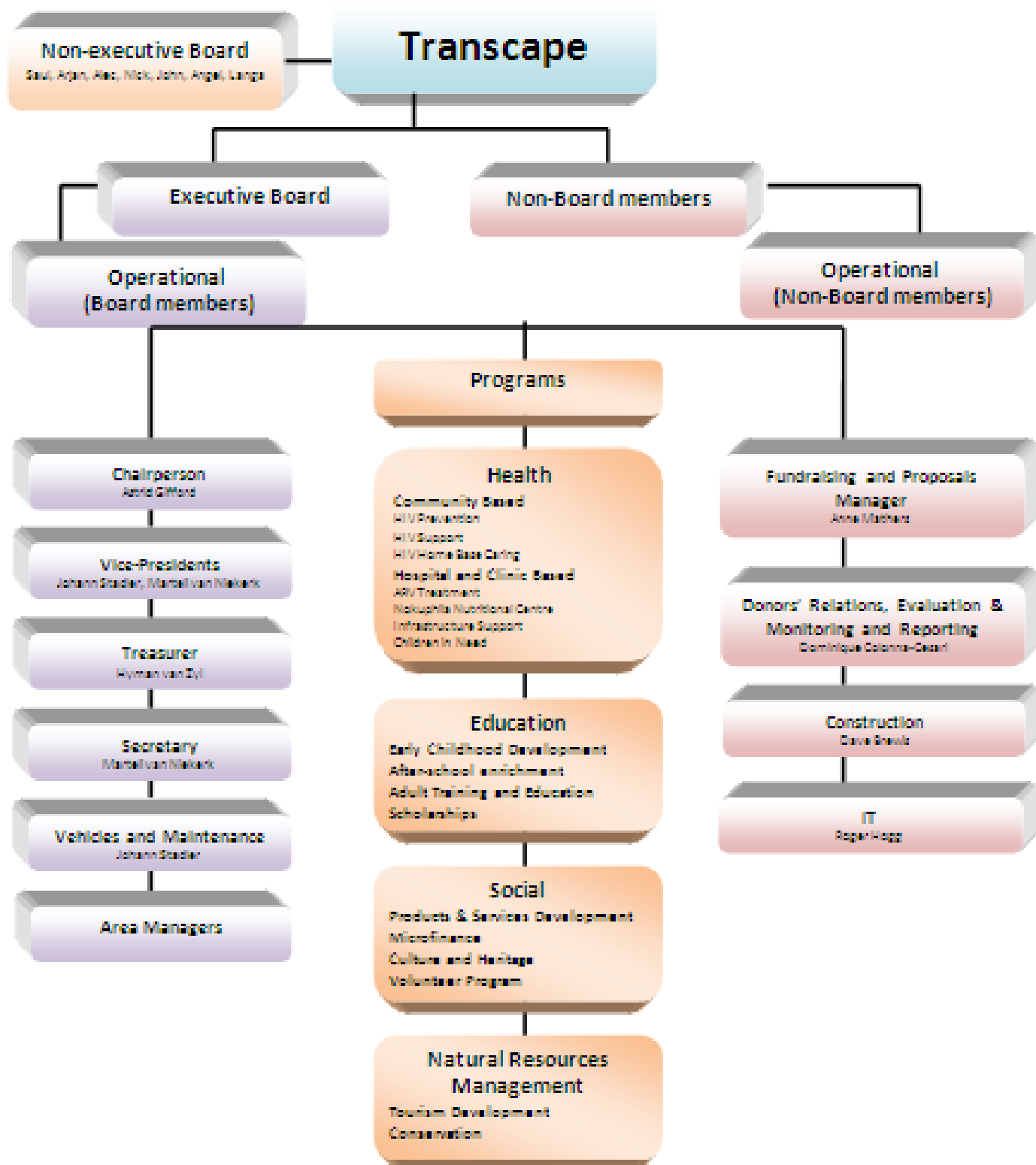
I want to thank all our donors and supporters. We couldn't do it without you guys!

Thank you for being part of TrasncapeNPO!

Yours Astrid Gifford

Chairperson TransCapeNPO

Organisational Diagram



Our Background

TransCape NPO was registered as a Non Profit Organisation on 4 August 2004. It developed through a partnership with Mdumbi Backpackers' workforce and friends and the medical staff at local Canzibe hospital. It was founded in order to support the local hospital to improve its service delivery and to assist people to become active in their communities and works in the heart of rural South Africa, with and for the Xhosa people.

In the Mankosi Community, the role TransCape plays is to facilitate and help local residents to take ownership of their own resources to live sustainable livelihoods in harmony with their social and natural environment.

Since 2004, TransCape's activities have come to be divided into areas of Health and Social activities, as well as Business and Education. Social and environmental sustainability suffuse all aspects of the organisation's work. Based in the rural communities of the Eastern Cape, we are faced with a poignant context of poverty and poor health populated by the thriving energy of a people who want to live full and healthy lives.

Vision: People.comm-unity.earth

Full vision: We are a connected community comprising of holistic, healthy and empowered individuals in an optimally developed and fairly managed sustainable environment.

Mission: Rural action for sustainable community development.

Full mission: To be an optimally informed, monitored, open and accessible hub with relevant examples, tools and networks for making positive choices about how to live.

By being a truthful, dynamic presence on the ground and finding alternative solutions to life, we want to provide information and tools for better choices about sustainable growth and living. By working on the ground and being receptive to alternative ways of living, we will encourage dynamic discussion and sustainable action. Our projects include improving pathways to HIV/AIDS awareness, treatment and care, health promotion, nutrition, health facilities, education, business development, job creation and sustainable natural resource management and tourism development.

The Context

The Eastern Cape is one of South Africa's poorest provinces with, according to statistics from the Department of Social Development, the highest percentage of people living in poverty. The HIV prevalence in the Eastern Cape is among the highest levels in the country, at 29% of the population.¹

The O.R. Tambo district, where TransCape operates, is the poorest district in the Eastern Cape in terms of all poverty measures.² Our specific geographical area of operation is the Nyandeni municipality. Mdumbi Backpackers is situated in Ward 26 and Canzibe Hospital in Ward 23.

Here, out of a population of **274 408**, 35% of households have no income, and only 8% of people are employed. 41% of Eastern Cape households live on less than R9 600 per year. 59% of the provincial population are under the age of 20. 40% of people here have had no schooling. 62% of households have no toilets (including pit latrines), and only 2.8% have piped water, the rest dependent on rain water when it falls, or else rivers and streams. 29% of the provincial population are HIV positive (which is among the highest rates in the country).

Long-term changes need to take place in order to significantly improve the situation in the Eastern Cape, and the Government is starting to implement changes to boost infrastructure, education, health, and economy. In the meantime TransCape is working at grassroots level to take people beyond mere survival by participating in projects that will make a significant difference to their well-being.

Realizing that the issues contributing to poor quality of life are complex and inter-linked, TransCape takes a multi-faceted approach to development, running a range of HIV/AIDS, health, job-creation and education projects. Since TransCape has been working in the Nyandeni area, the development context has changed significantly. This will be described in the Annual Report herewith.

TransCape is active with projects in wards 14 through to 26 of Nyandeni Municipality, OR Tambo District. The main focus areas are Wards 22 to 26. This is also known as the Konjyaoyo Tribal Area.

2. Estimated HIV prevalence out of antenatal clinic attendees. www.avert.org/safricastats

² "It has the lowest Human Development Index (0.45) and the highest poverty gap (2 231 million) in the Eastern Cape." Statistics obtained from Department of Social Development. www.socdev.ecprov.gov.za/statistics/demographics/or-tambo_area_info.htm.

We coordinate our developmental efforts with existing community structures such as Tribal Authorities, Community Trusts, Community Development organisations, existing HIV Support Groups and School Governing Bodies.

TransCape's philosophy is one of networking and coordination; therefore we always link our efforts with existing government structures and personnel, as well as other businesses in the area.

Statistics

Description	Nyandeni Municipality	Ward 26 (Mankosi)	Johannesburg
Population	274408	11246	3225301
Female	54%	54%	50%
Male	46%	46%	50%
House Hold Gender Female	60%	64%	38%
House hold Gender male	40%	36%	62%
Black Africans	99.7%	99.6%	73%
Xhosa speaking	99%	99.5%	7.7%
Zulu speaking	0,1%	0,04%	25%
English	0,5%	0,16%	19%
Households	55091	2090	1049485
People / household	5	5,4	3,1
Under 20 years of age	59%	61%	31%
Over 40 years of age	19%	19%	26%
Percentage of people who had no schooling	40%	61%	7.2%
Percentage of people who had a Higher education	3%	0,6%	14%
Households using wood as energy source for cooking	70%	94%	0,3%
Households using electricity for lighting	33%	0,2%	85%
Households using candles as energy source for lighting	54%	63%	12%
Percentage of households with no income	35%	48%	19%
Households earning less than R9600 / year	41%	36%	15%
Without Toilets	62%	93%	3%

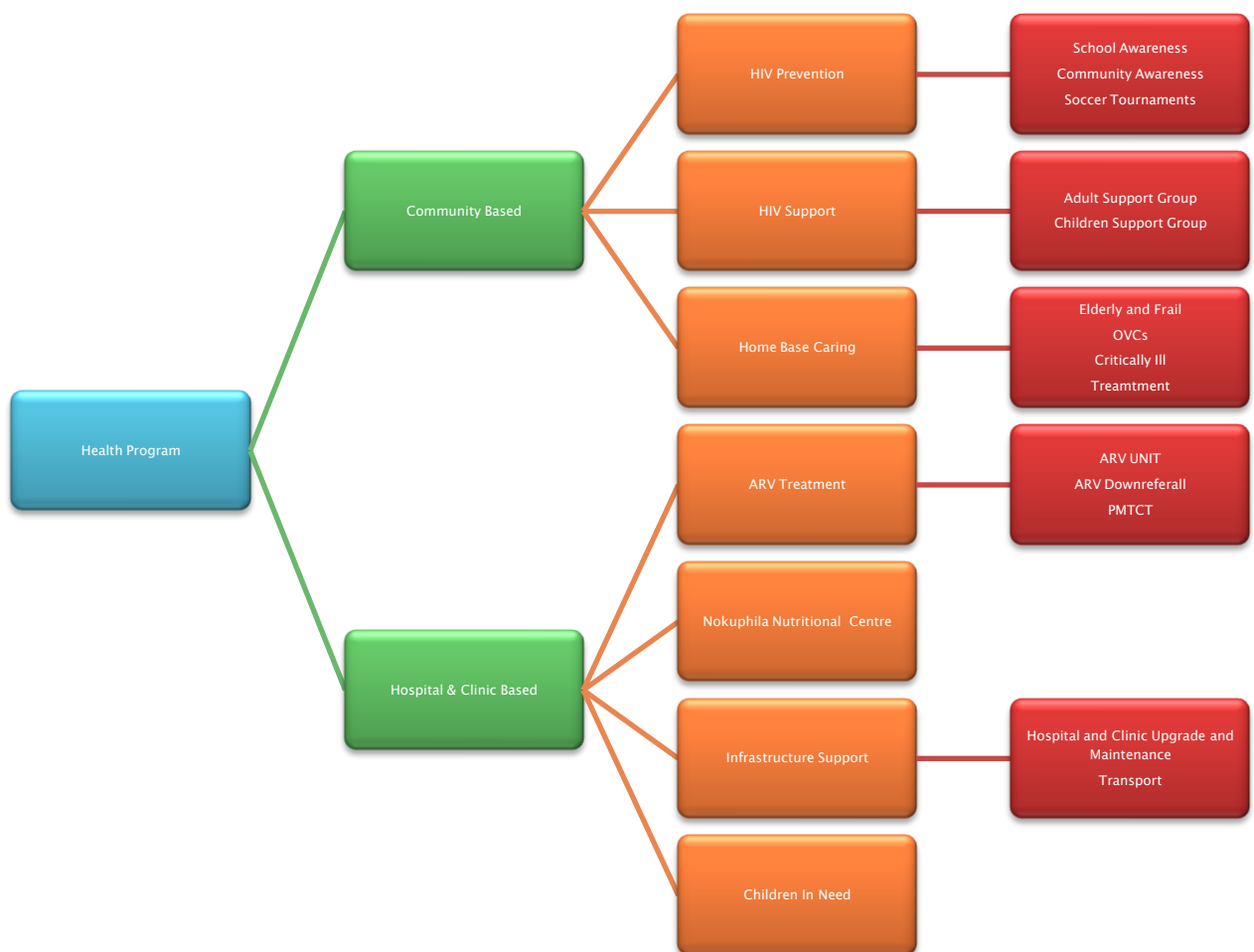
Cell-phone per House hold	14%	5%	24%
Living near a public phone	39%		35%
Walking as transport	44%	44%	17%
Minibus / Taxi	2,4%	0,2%	13%
No personal income	81%	87%	59%
Employed	8%		46%
People that are earning but earning less than R800/year	17%	11%	11%
Water source being streams or rivers	53%	74%	0,1%
Pipe	2,8%	0,2%	25%

How we implement our Projects

TransCape helps implement projects that respond directly to local needs in the rural areas, ensuring that community stakeholders participate in their creation and development.

Our approach is one of **facilitation**; we bring people in touch with the support, resources, and knowledge they require to improve their own health, education, and economic standing. We encourage community members to take ownership of the projects themselves, which empowers them as the initiators of change, and also paves the way for project sustainability

Health Program





The year 2010 saw the launch of our new HIV/AIDS program.

In Ngqeleni District, Rural Eastern Cape, South Africa, an estimated 45 000 people out of a population of 180 000 are HIV positive. Of those who are HIV positive, an estimated 9 000 people currently need ART. TransCape, together with Canzibe Hospital, the feeder hospital to this area, has achieved to get 1000 people on treatment with no back log. Roughly

estimated this implies that only 17 000 people of the whole population tested. That is less than 10%.

So few people are on treatment as a result of a lack of information and knowledge about HIV/AIDS, continual lack of AIDS leadership in South Africa, fear to test because of a fear for death and stigma, lack of infrastructure, lack of health, social and support services and being part of the most poverty stricken area in South Africa where hunger and cold continue to be unmet basic needs.

Since January 2010, we have been working on a holistic systematic solution, which we have been building up since 2005 with local communities and the existing health and social services in the area.

The project involves holding community awareness days and school awareness days with available VCT, establishing sufficient and accessible HIV/AIDS support groups and home based care groups in each of these wards, and improving access to treatment by strengthening the existing health services infrastructure and human resources to implement sufficient and accessible ART rollout incorporating PMTCT and pediatric programs, and through down-referring ART.



This solution grew from the people living with HIV/AIDS. It has been tested and proven to work in some of the Canzibe Hospital feeder wards, ensuring the capacity and motivation of local people to help their communities. The local governmental health and social services have been brought into this existing model and have experience of working relationships with TransCape. This project is merely a continuation and synchronization of previous successful community efforts.

From Jan 2010 to Dec 2011, in wards 22, 23, 25 and 26 of Nyandeni Municipality, Ngqeleni District, we will directly reach at least 30000 people and test 8781 people (17% of the population) with our prevention program, establish and train 13 HIV/AIDS Adult Support Groups and one Children Support Group, establish and train 4 Home Based Care Groups, extend the infrastructure, human resource and educational capacity of 9 governmental clinics and one Hospital based ARV Unit and have at least 3500 people on treatment.

Awareness and Prevention

This is what we have achieved so far in the first 6 months of this program

Achieved



First six months – Ward 22:

- **5 x Community AD, 20 Villages reaching 4000 people, testing 380 people**
- **9 School AD and 2 Workshops, reaching 2500 children**
- **14 Soccer Tournament AE, 2 Finals, 2 Netball Tournaments, reaching 15.500 people and testing 1490**
- **3 Kids soccer and netball tournaments reaching 1500 children**

The Community Awareness events are our more formal events. We invite all government representatives to these events where they have a chance to inform the community about the services they provide and their field of expertise. The ward's headman and counselors are also supportive on these days because Transcape always asks their permission first to show their respect for their cultural practices.

The events attract more adults. They are not the most popular events as the community finds the long, drawn out government speeches boring. We try to bring some color to the event through music, dramas, local dances, choir groups, a candlelight memorial and light catering. Testing for HIV is available at these events. We also hire a big tent, tables and chairs. We did five of these from January to June, attracted about 4.000 people and tested about 380 people.



One day, early in the morning, a Transcape's counselor was sitting by her tent, just as Transcape was setting up, before the event even started. A woman approached her, she was a widow, dressed in all black for the six months of mourning for her dead husband, as that is practice in Xhosa culture. Part of this

mourning period includes the black clothes, but also it means this woman is not allowed at social functions, is not permitted to be in large crowds, only speaks when spoken to—she is supposed to be around the house, quiet and thinking of her lost husband. This day, however, she saw the tents and saw no one around except Transcape people. She came over to the tents and said her husband had been sick and then died, so she did not know what the cause was and she wanted to be tested for HIV. The counselor tested her, and now that woman can live in peace, knowing her status and not wondering about it for six months until she's allowed to go back out. However even then, going for testing right after your husband dies is not culturally acceptable; people can think negative thoughts about that woman. Transcape's tents provided this woman with the privacy needed, at the foot of her door, early in the morning while others were still eating breakfast.

Example of one Programme for Community Awareness Day: (held Wed, March 17)

- 8:00- Pitch tents and chairs; Olwethu, Vukile, [Siphamandla](#), Nomnikelo
Sound- Bongile, Nospihwo

Reporting- Funeka

Set up Information desk- [Nomandia](#), Dudu, Nomadia, Nontandazo

Remind community and support group members- Luzuko, Bongiwé, Xholiswa

Inform VCT counselors of nearest support group- Pindani
- 10:00- Opening Prayer- Bishop
- 10:05- Welcoming Speech- Luzuko
- 10:10- Support Group Disclosures and encouragement to test- Phindani & SG Members
- 10:30- Choir Performs
- 10:45: Government Talks- Social Development, Dept of Health,
Dept of Labor, Dept of Agriculture, Municipality, SASSA
- 11:30: Music and peer-to-peer education
- Light catering
- 13:00 Performance- Entire team
- 13:15- Story and Discussion- Bongiwé
- 13:30: Traditional Dancing
- 13:40: Home Based Caring- Xholiswa and HBC members
- 13:45: Educational Talk on HIV/AIDS and TB- Luzuko
- 14:00: Educational Talk on PMTCT- Funeka
- 14:15: Candlelight memorial of PLWHA
- 14:30: Closing Remarks
- 14:45: Closing Prayer



Soccer Awareness Events

The soccer events are the fun filled events. Young and old attend. The youth are appreciating Transcape because they come with condoms, testing, and information on many health topics. Transcape brings education and answers to the youth's questions that they cannot (traditionally speaking) talk about with their parents. Information regarding sex, HIV/AIDS, STIs, etc is hard to come by in these communities, however the staff of Transcape promote an open communication dialog with anyone seeking knowledge



on health issues, puberty, abuse, etc. Building up to the international finals of the TransCape Rural Soccer Challenge held on the week end of 7-9 August, ensured for great attendance and participation. Over 15.000 people attended and about 1500 tested at the 16 events we have had up to now. TransCape provides every person who tests with a special gift bag containing condoms, information flyers, a mug and a TransCape-soap. One girl said she proudly walks around with her books for school in her Transcape bag that says "I know my status." She said all her friends who have gone for testing through Transcape also carry their bags and together they are advertising for their peers to go for testing, so they too can know their status.

60 teams played off until only 12 qualified for the semi finals which took place the weekend of 22 May. This event was broadcasted on SABC 2 via a program called Soccer stories of Hope. Six teams made it to the finals in August, where one English team came from the UK to participate, and which again was covered by this TV program. We planned an exciting exchange experience for the visiting



international team(s) where they not only played their full share of soccer against various groups, building up to playing our six qualifying teams in the finals, but they also visited TransCape projects and experienced local culture in its truest form.

Other soccer happenings:

Training, Resourcing, Equipping Coaches (TREC) – 23-27Feb10

This course was specifically for coaches to develop a better understanding of coaching football and how to teach life skills through it. Notshana, Nikelani, two local coaches and Steve, our soccer coordinator, attended the course for a week in Jeffreys Bay.

Since then, the guys have used the skills they developed from the course to teach the young people who they are coaching. This course also gave us the desire to host an U17's soccer tournament for all the local teams during the school holiday.

Mdumbi Cup U17's Soccer Tournament (MCST/U17's) – 29Mar-02Apr10

This tournament was to keep the kids busy during the holiday and use it as an opportunity to encourage them to be a positive influence to the people around them. Notshana, Nikelani and Steve put the program together to create an opportunity to implement what they had learned from the TREC course.

TransCape Rural Soccer Challenge 2010 (TRSC10) Program for qualifying teams – Jan-Aug10

Steve is close to finalizing developing a 'Basic Rules Training Course,' which we will be able to facilitate for the six coaches of the qualified teams. Steve took the material from the English Football Association and put it into 3 levels.

This course includes reading, writing and understanding English. At the end of the 3 levels is a final exam to see if the 'students' have understood the course well and improved their understanding of the general rules of football. This will help us to facilitate the tournament better and will help them in the future to develop their team in accordance with rules recognized internationally.



Jay Masibulele, our star teacher at the Mdumbi Education Center facilitated the course as he had finished teaching the local coaches at Mdumbi and had done well! One of the 6 teams, Ngoyini, has 3 of their team members currently doing the course and all have the potential to pass with flying colors!

Tshani Soccer League (TSL) – Jul-Sep10



As mentioned, Jay has been facilitating a course at Mdumbi Education Center for the 7 teams who has entered a new league called, 'Tshani Soccer League' (TSL), which started in a few weeks ago.

14 soccer students attended Level 1 of the 'Basic Rules Training Course (BRTC)' and 10 students attended Level 2. Level 3 took place on Monday, 28 June, 2010 and the final exam the following Monday. Those who pass the course will then be qualified

by the TSL to facilitate league matches and discuss the direction of the league for the future.

We are currently putting together a proposal for funding to use this league as a way of educating participants in reading, writing, English and the world of football!

Netball at Mdumbi – 16th – 18th of June

One of our star teachers at the Mdumbi Education center, Thathiswa, arranged a netball tournament on Wednesday 16th to Friday the 18th of June. About 75 scholars joined in this event and it drew about 300 spectators. It was a great opportunity for the girls of ward 26 to show their stuff after all the attention that went to the boys with the soccer.

Luzuko, our prevention coordinator arranged a kid's soccer and netball event for wards 22 and 23 last July.



Soccer Event Program

- 10:00: Welcoming and prayer - Xoliswa
- 10:05: Indicate agenda, encourage to get info and to test, explain soccer league - Luzuko
- 10: 10: Start soccer games
 - Peer to peer information and encouragement to test throughout day
 - Testing through out day
- 10: 40: **After first game** - encourage to test and get info and condoms - Bongiwe
- 11: 30: **After second game** – encourage to test and get info and condoms- Nosiphwo
- 12:20: **After third game** – Skit, dance, discussion and support group disclosure-
 - Team- Performance
 - Bongiwe- Discussion Questions
 - Pindani- Support Group Disclosure
- 14:00 **After fourth game** – General info about HIV/AIDS and TB – Luzuko
- 14:50 **After fifth game** – General info about PMTCT and Women's Rights- Funeka
- 15:30 **After sixth game** – Announce finals, announce date for first support group meeting,, thanks and farewell- Pindani
- 15:45 Finals
- 4:15 Prize giving



School awareness events and workshops

The school events are arranged with teachers and the principle of the schools within the ward we are focusing on. At 9 of the schools we did an awareness day and at two of the senior schools of ward 22 we did our workshop program. This entails the following:

School Awareness Day Programme

- 11:00- Opening Prayer-Xoliswa
- 11:05- Introduction to Event- Luzuko
- 11:10- Performance- Team
- 11:25- Discussion and questions on performance- Bongiwe
- 11:40- Teen Pregnancy Talk- Zameka
- 11:55- Story and questions on HIV/AIDS and prevention- Nomnikelo
- 12:15- Child abuse talk- Funeka
- 13:00- Closing Dance- Team



The workshop program performed at a school depends on the age group and the time allocated to it by the teachers and principal. It could vary between 3 and 5 days and take about

8 hours to complete of which 2-3 hours are taken up by the whole team performing their school awareness program at that school. One student told the coordinator of the school events that he is abused at home, that he just thought it was what all families did. However, after the child abuse talk on the awareness day, he knows that abuse is not right and TransCape helped to connect him with the people to go to in his community and seek support.



According to the reports received from teachers at the schools, they are very pleased with the program as it calls for participation from the children and offers them a doorway to continue discussion about these topics. We are usually asked to return as soon as possible for an extension of our program.



School Workshops – Bongiwe

- Self Esteem and Sport
- Teenage Pregnancy
- HIV Transmission and Prevention
- Drug and Alcohol abuse
- Living with HIV/AIDS
- Gender equality
- Child Abuse
- Human Rights
- Positive Self Esteem

Prevention Stats

We have a detailed reporting system for each event. The following statistics are based on these reports. The test results are verified by comparing our lay councilor reports with those of the nurses.

Description of events		Visitors
Soccer events	16	14197
Community AD	5	3470
School AD and workshops	16	2303
Total	37	19970

Stats breakdown – Attendance records

All events total	Visitors	Average/event
People attending events	19970	540
Male	11183	302
Female	8858	240

Stats of tests carried out at event

People tested at events		Percentage	People found 'positive'		Percentage
Total	1858	9.3 of visitors	Total	173	9.3 of tested
Male	630	34	Male	47	27
Female	1228	66	Female	126	73
<12 male	6	0.3	<12 male	1	0.6
<12 female	6	0.3	<12 female	0	0
12-18 male	220	12	12-18 male	8	4.5
19-35 male	230	12	19-35 male	20	11.5
19-35 Female	435	23	19-35 Female	75	43.4
36-55 Male	105	6	36-55 Male	13	7.5
36-55 Female	268	14	36-55 Female	34	20
>55 Male	69	4	>55 Male	5	3
>55 Female	137	7.4	>55 Female	9	5

Other Stats info

Soccer Games Played	91
Teams Participating	68
Male Condoms	12950
Fem Condoms	2043
HIV Pamphlets	1443
PMTCT Pamphlets	587
TB Pamphlets	508



Support

Achieved



First six months-Ward 22:

- 6 SG consisting of about 130 members meeting once a week
- Continued support to 11 more existing SG
- One children SG meeting once a month
- One SG forum meeting once a month
- VCT, Wellness, HIV/AIDS Basics, Positive Living, Parenting and Child Care, Treatment Literacy and SPF Organizational training provided to 6 groups.
- 3 Flats, furniture on the way
- Micro Finance to two groups

Adult Support Groups

Three more support groups were formed in ward 22. The main reason for this is accessibility. As people tested HIV-positive at our awareness events it became clear that we will have to form more groups to meet the demand for their support. Pindani, our Support Group Coordinator, did a great job in managing this process and establishing the new groups, providing them with necessary trainings and introductions. Since February, 78 people who tested HIV-positive at our awareness events joined a SG.

The adult SGs meet once a week. These meeting days provide an opportunity for training, group activities and empowerment. The main topics discussed at these meetings by the group members are: living with HIV/AIDS, challenges they face, support to each other, how they can help other community members concerning the epidemic and activities and income generating opportunities. Many of the support groups, with the help of Transcape, have started their own gardens to provide their members and their families with healthy food. One support group found their own materials to make a fence and their own seeds and started their garden without Transcape funds. Some groups started to perform monthly concerts as entertainment to the community, raising awareness and funds.

We implemented our microfinance program with two groups of ward 22 thus far. Hlumanani SG had 5 members and Kuphukani SG 18 who qualified. The businesses they started range from small chicken farming, selling of clothes, big chicken farming and selling of blankets and sheets.

In one report, members were sympathizing with a male member who was “abused” by his wife because she did not want to cook, clean or do his washing. How unfair can this life get?

Sometimes, the SGs fade away without the constant encouragement from the coordinator.



An example is a clinic, about an hour and a half away from Canzibe, down some rough roads. The SG of this clinic had stopped meeting because in their area the stigma is still strong regarding HIV positive people. Then Transcape came and had a soccer tournament there, tested over a hundred

people, including 14 HIV-positive people. This re-motivated the community that their support group is important and there are people needing the support given from these groups. This particular support group now has 40 members and is meeting once a week at their clinic. People like this are the people who get the ball rolling for positive change, for being models, for breaking down barriers, stigma and discrimination surrounding HIV/AIDS.

Since May the new groups in ward 22, Kusile, Khanya, Masonwabe and Khuphukani started doing community mobilization by visiting homes, introducing themselves and educating on HIV.

Through this process they recruited 10 new members in ward 22.



At all community and soccer awareness events there is at least one support group present. This is always the group who are situated closest to where the event takes place. The members help with catering and peer to peer education at the events. Selected members will get a chance to do performances and disclose according to the program for the day. If agreed by the client, clients who tested positive will be introduced to the local support group members.

Phaphamani, the Adult SG forum, meets once a month. This forum exists of all the support group leaders. At these meetings, SG activities are coordinated, problems solved and strategies formed. All reports and invoices will be handed in at these meetings and the following month's allowance given to the groups whose reports and invoices are up to date.

Total members	395
Total groups	19
New members since Jan	106
New members directly from Awareness event since Jan	78
June Stats	
Members attending meetings	161
People attending all meets	395
Female	324
Male	71
Average meetings/group/m	2.8
Percentage on ARV's	77%
Percentage on TB treatment	5%
Percentage Pregnant	3%

Infrastructure

We built three flat square buildings as meeting places for three of the support groups in ward 22. The groups chose these structures above rondavels. The roof of the last building went on last week. We are in the process of purchasing the furniture and equipment for these as well as the HBC buildings. We have applied for funds for setting up gardens at each of the support group buildings.

Children Support Group

Currently, there are 110 children who are taking ARVs from the unit in Canzibe. They all come once a month on the special 'children's day' to collect their treatment and to join TransCape's children support group. There is an average of 98 children joining this SG monthly (mainly young babies are excluded). While their mothers or caregivers are waiting for the ARVs, the children are offered an educational program. The group is divided by age in two. The older children get education on living with HIV, how to communicate about living with HIV, ARV adherence, hygiene, positive and healthy living. The younger children are doing writing and drawing skills, exercise and learning in a simplified way about their health. A lunch is served by TransCape, containing rice, chicken, different vegetables, fruit and lemonade. Every new member is getting a Transcape CSG t-shirt.



From our reports, we estimate that 40% of the CSG members are orphans.

Children SG Stats

Children on Treatment	110
Male	65
Female	45
Children in SG	98



Home Base Caring

Achieved



First Six Months Ward 22 and 23:

- Three Home Based Care groups, wards 22, 23 and 26
- One Home Based Care Forum meeting once a month
- SANTA HBC training, HIV/AIDS Basics and SPF Organizational
- One Flat built, office equipment on the way

The three Home Based Care groups supported by TransCape have been working hard to handle the increasing amount of patients they want to help on a daily base. The patients rely on the caregivers and are thankful for all that Transcape has provided these caregivers with, in order for them to be able to better serve their patients. One office has been built for the HBC group of Ward 23 to



serve as
a
meeting
place



and furniture and equipment is on the way. Next month funds become available for them to start with their garden. Siyakhula HBC of ward 22 already has an office and a garden. We are working with the University of Western Cape to install solar systems for powering cell phones and networks in each HBC office linking them to the

Mdumbi Education Center from which they could have free internet access and multi media communication among each other. We have also applied for water tanks and installation to an organization who does this for free for active groups in rural areas.



Every group gets monthly catering money to have a light lunch during their meetings about how to improve their service and give each other support as caregivers. There is also monthly money available for materials and kits these caregivers might need, like gloves, painkillers, disinfectant, bandages, plasters and stationery. The kits that were provided by the government were very poorly equipped, so TransCape added the equipment which was still lacking.

Communities are touched by the home based care groups and their caregivers. A patient said: "Sick people wake up someone is with them, bathe them, give them diapers or Before these reason to wake up in the morning, knowing someone coming to care for them, to feed them, bring them medication, anything else that person needs. caregivers came, there was no up in the morning."

At this moment, receiving Social has handed in with Social



one Home Based Care group is funding from Department of Development and a second group their request. They have met Development, showed them their

newly built office, the community where they work, their reports and their business plan. The group is waiting now for a response from the Department to hear whether they will get funded too.



The Home Based Care groups received training from TEMBA community development in a variety of topics including human trafficking, rape, domestic violence, HIV/AIDS, etc. The groups arranged with local churches to educate their members on the days of their assembly or when they have special events. The church leaders welcomed this and until now our three HBC groups did 9 such presentations.

Siyakhula HBC runs a soup kitchen which provides food to orphans 5 days in a week. The basic group activities entail caring for bed ridden people, supporting people on HIV and TB treatment, taking care of orphans, vulnerable children and the frail and elderly, motivating and escorting people who want to test and basic community mobilization as far as HIV/AIDS and TB are concerned.

HBC Stats

Total members	69
Total Groups	3
Total clients visited in June	420
June Stats	
Members visiting homes	29 all female
Visits	785
HIV Positive clients	58
Clients on ARV's	83
TB Clients	29
Clients on TB treatment	54
OVC clients	89
Child headed household clients	10
Bedridden clients	42
Frail and elderly clients	47
Disabled clients	48
Pregnant clients	15
Client deaths	0
Events done by HBC groups since April	10



Training carried out on HBC staff

HBC	VCT	Wellness	HIV/AIDS Basics
SANTA	TEMBA	Mamelani	Delta
Masonwabe SG Mdumbi HBC Philisa HBC Siyakhula HBC	Prevention Team Masonwabe SG Kwasa SG Sinoyolo SG	Phapamani SG Forum Masonwabe SG Kwasa SG Sinoyolo SG	Mphimbo SG Masimanyane SG Khanya SG
Positive Living	Parents and Child Care	Treatment Literacy	Gender Program
Olive Leaf	Olive Leaf	TAC	Abalingani
Phapamani SG Forum Hlumani SG Masonwabe SG Vukani SG Kwasa SG Sakhisizwe SG Sinoyolo SG Philani SG Sinoxolo SG Khanyolwethu SG	Phapamani SG Forum Masonwabe SG Sinoyolo SG Khanyolwethu SG	Prevention Team Phapamani SG Forum Masonwabe SG Kwasa SG Sakhisizwe SG Sinoyolo SG	Prevention Team Masonwabe SG
Organizational	Overview of HIV & AIDS	Life Skills	Financial Management
SPF	TEMBA	SPF	Social Development
Phapamani SG Forum Masonwabe SG Vukani SG Sinoyolo SG Mdumbi HBC Philisa HBC Siyakhula HBC	Mdumbi HBC Philisa HBC Siyakhula HBC	Prevention Team	Siyakhula HBC

Treatment

Achieved



First Six Months – Ward 22:

- Two clinics with ART down referral and PMTCT program
- ART down referral, Project Info and VCT training
- Down referral to 7 more clinics

Canzibe Hospital established in 2006 in cooperation with TransCape the Anti-Retro-Viral (ARV)-unit to start dispensing ARV's to HIV-positive patients. Before patients are started on ARV's, they get a general medical screening by a doctor to make sure there are no opportunistic infections which needs to be treated first (for example STI's or TB). The patient and his/her so-called 'treatment-supporter' (relative or family-member who can support the patient with taking ARV's and overcome side-effects) get counselled about HIV/AIDS, opportunistic infections, ARV's, side-effects, but also about how to prevent infecting other people. In the



beginning of 2009, the ARV-unit started to down refer patients to the 9 local clinics which serves Canzibe to collect their ARV's monthly from there. The patients are very grateful about this initiative, because they sometimes really struggle to get to Canzibe Hospital, due to lack of infrastructure, lack of transport, good roads or money. As the local clinics are easily accessible and more user-friendly, patients are less likely to default their treatment. The doctor is visiting every clinic once a month to support the nurses with the ARV-patients and give them in-service training about side-effects and ARV regimens. She also assesses patients if there are medical problems or emergencies. TransCape is providing the doctor with a vehicle, transport costs and stationery. TransCape is offering a monthly stipend to care givers in 2 clinics to help the nurses with the ARV-workload. In the other clinics, there are caregivers already employed by the government or the nurses doing the work alone.



Because Canzibe Hospital is a government hospital, they very often struggle with budgets and financial problems. TransCape offers help in various aspects; they donated 2 parkhomes to establish the ARV-unit in 2006, and a 3rd parkhome was donated in May 2009. TransCape upgraded the cement-floor, the roofs and the ablution-block in the ARV-unit. Because there was a limited budget from the Hospital for salaries for nurses, doctors and administrative members in the

unit, TransCape employed 3 extra administrative staff members, 2 extra pharmacy assistants and 1 doctor for the down referral. The Hospital offered 1 doctor for the unit, 1 data capturer, 3 nurses and 1 unit manager. There are still 4 caregivers and 1 cleaning lady volunteering in the unit; they are receiving a financial bonus from TransCape at the end of every year. TransCape is supporting the ARV-unit with stationary. At the end of 2009, the pharmacy was introduced to a digital system (in corporation with Cell for Life, an organisation from Cape Town). They got a computer and label printer donated. TransCape supplied the labels, papers and ink this year.

People who tested HIV-positive on a Transcape Awareness day are receiving a confirmation-letter about their status from the nurse who is doing the test. They are recommended to visit their local clinic as soon as possible for blood taking and a follow up. The doctor who is coordinating the down referral project also pays attention to the nurses in the clinics whose task it is to prepare patients to start ARV's. Relevant blood needs to be taken, general information about medical wellbeing of the patient documented, counselling and pill counts done.

Stats

Stats and progress from January 2010 – June 2010.

At the end of December 2009, there were 1261 patients on ARV's. 469 of them were male, of which 52 children. 792 of them were female, of which 36 children.

In total, there were 88 children on ARV's.

There were 164 patients down referred to the local clinics in January 2010.

There is an average of 52 patients who are newly started on ARV's monthly between January and June 2010.

There is an estimation of 39 patients on ARV's who died in the period from January until June.



There have been 30 patients who requested to be transferred out to another health facility in the country from January until June. People often return to the place of their origin if they are sick. They

will be started on ARV's in Canzibe, but as soon as they are recovering and become stronger again due to the viral suppression, they move again to the place where they were living before.

In April 2010, TransCape employed one extra person to help in the ARV-unit with administrative matters.

TransCape is offering a monthly stipend to care givers in 2 clinics to help the nurses with the ARV-workload. In the other clinics, there are caregivers already employed by the government or the nurses doing the work alone.

At the end of May 2010, there are 1531 patients receiving their ARV's from the unit, of which 580 were male and 951 female. 110 of these patients are children.

There are 231 patients currently down referred to their local clinic.

Challenges

Transcape's challenges have been solved and improvements made to avoid that challenge from popping up again. We feel that with each challenge faced, the more we can learn and see the bigger picture. Some of the challenges we have faced and moved past are:

1. It became clear that we would have to keep our reporting sheets as simple as possible seeing that most of the SG-leaders and HBC members were struggling with basic math, writing and the English language.
2. More people tested at events than what we had expected.
3. Too many new SG formed for our budget. The main reason for this is accessibility because of the rugged landscape of the area and lack of transport and money.
4. Some new SG formed for not the right reasons, but breaking off from another group because of various quarrels between members instead of choosing to solve the issue. Also, some of these support groups are only meeting to receive the monthly catering money.
5. There have been minor disputes between members of the prevention team, among each other as well with staff members of the hospital. However, each dispute has been worked out and overcome, no grudges held.
6. There have also been minor organizational issues due to turn over of a key staff role. The former HIV Project Manager left Transcape in early April of this year and her replacement arrived three weeks later. She needed some time to be introduced to the detailed program and tasks which needed to be accomplished. Now, however, she is fully aware of all the program details and working hard to implement our project thoroughly.
7. We had some trouble getting any HIV/AIDS, TB and other educational pamphlets since end of April as all the distributors we were using were out of stock.



Nokuphila Nutritional Centre

Malnutrition of children is a serious problem in the rural areas of Africa. This is frequently due to underlying causes like Tuberculosis and HIV/AIDS, however it is often also the case that mothers lack information about what they should be feeding their child. The primary objective of Nokuphila ('good life') is taking care of malnourished children and offering nutritious food they need. Health Care Education for mothers (put in practice while admitted in Nokuphila) is being given. Social help with applications for grants where needed is covered. The beneficiaries of Nokuphila are malnourished children, mothers and families in rural areas.



Mother with child in Nokuphila.

From 1st of January 2009 until 1st of February 2010, there have been 47 children admitted in Nokuphila; Almost 20% of them were HIV positive, and started on ARV's during their stay in Nokuphila. The children have been monitored together with their mothers by the village health care workers, employed by TransCape. A doctor from Canzibe Hospital is doing ward rounds on alternate days, to monitor weight and improvement in health of the child. Health education for the mothers have been given in practice; they learn how to make the garden, grow vegetables and prepare nutritious food for their child. Social help has been offered by the social worker from Canzibe Hospital, to assist in the application of grants where needed. When the child is discharged home, it will receive a package with nappies, plastic nappy-covers, set of new cloths, towel, blanket and a toy. The mother receives nutritious powered milk. The strength of this project based on hospital grounds, is also the close monitoring of the children. The pediatric ward is nearby, where children can be transferred to if their condition is deteriorating. The ARV(AntiRetroViral)-unit is present on the site, which makes it able to fast-track the ARV-start for admitted children.



Daily weight check

TransCape is funding Nokuphila project; the food for the children and mothers, seeds and equipment for gardening, materials and upgrading of kitchen and rondavels. In the beginning of 2009; we placed a new roof on one of the rondavels. At the end of 2009, we bought new bedding for the mothers and children. TransCape is paying the salaries of 2 Village Health Care Workers, which are employed from the community. Canzibe Hospital is employing one nurse to work in Nokuphila, and the doctor who is doing regular ward-rounds.



During follow-up visits of the children in the hospital, we see a clear improvement of general health status of the children who have been admitted in Nokuphila. The mothers gain a lot of knowledge about nutrition and healthy lifestyle. They are assisted when needed with the application of Children Support Grant.

Hospital and Clinic Based Infrastructure Support

A new doctor's accommodation

Canzibe Hospital is a 140-bed, deep rural hospital located in the Transkei region of the Eastern Cape. It is a level-one district hospital serving the Ngqeleni area, with a drainage population of about 150 000. Patients are referred from eleven surrounding clinics and general practitioners in the area.

There are six main wards in the hospital, as well as a major theatre, OutPatientDepartment and ARV (antiretroviral)-unit. Poverty and lack of infrastructure, economy and education results in the 'double-burden' of disease, with HIV and TB predominating.

There are currently 5 medical practitioners employed by the Hospital, and one volunteer medical practitioner working fulltime. Because of the high workload and the rural setting of the hospital, it is not easy to recruit more doctors, but they are very needed. 2 Medical Officer (MO)-posts are still open and available.

At the moment, Canzibe Hospital is not able to offer proper accommodation for new doctors who need to work there. The set up of the existing accommodation is inefficient, so that rooms are not being optimally used.

By splitting one of the already present doctor's houses, it will create an extra accommodation for a new doctor to have his/her own privacy and (relatively) comfortable living circumstances.

The super intendant, Dr Waba, agreed to have the house he was living in divided into two separate living courtyards. TransCape funded this work which was done by our own construction coordinator, Dave Brewis.

- Existing kitchen and proposed bathroom divided.
- Side doorway closed from end room into proposed bathroom.
- New doorway opened from existing living room (bedroom to be).
- Installation of old geyser from TB Ward.
- Shower base and bath built in.
- Pipe work and waste pipe installed and connected.
- Back door of old kitchen/new bathroom closed up.
- Window fitted into new bathroom.
- Last opening to existing kitchen closed (between existing living room and kitchen).
- Basin installed to new bathroom.
- Pipe work and waste pipe installed to proposed kitchen.
- Kitchen cupboard and sink installed to new kitchen.
- Tiling of new bathroom.
- Toilet fitted and kitchen sink connected to pipe work and waste outlet.
- Last doorway between two sides closed from existing living room (proposed bedroom) and main entrance doorway.
- Archway to existing living room (proposed bedroom) closed and doorway added.
- Start of painting
- Ceiling replaced in hallway.
- Kitchen cupboards reinstalled to existing kitchen.



- Painting of ceiling.
- Completion of renovation.



A new waiting area in the ARV unit

As previously mentioned, TransCape bought a new parkhome for the ARV Unit. This was funded by Bambisana in Germany. This parkhome had to be joined to the two other parkhomes via concrete floor and roofing as waiting area. We also built a wall in front of the ablutions for privacy. Water and electricity was installed to the new park home.



TB Ward Renovation

The ablution facilities which were very unhygienic and almost unusable have been given a complete renovation, the whole ward's plumbing was upgraded, the wards separated and the painting of the ablution and wards redone.



Other works in progress

TB Ward second phase

The funds for the second phase of the TB Ward Renovation project is on its way. We hope to start with this by the end of April. Thank you Sonnevank



Children's Playground

Thanks to funding from Bambisana, we can renovate and upgrade the childrens playground next to the children's wards at Canzibe Hospital. We bought a new slide so far. We are looking for a carpenter to take on this job as Dave has a lot on his plate at the moment.



Children's Ward

Thanks to funds from Bambisana we can give special attention to the needs of children taken up into the childrens ward at Canzibe Hospital. We have made sure that the basic necessities are sufficient and are now looking into needed additions we can provide them with.



Children in Need

This project was brought up by Medical Officers in Canzibe Hospital. During their work in the hospital and surroundings they identified a lot of children in need who were struggling for (financial) help. The aim of the project is to enable children to get medical, social and any other attention where needed:

- transport fees for children to be able to attend Canzibe Hospital or to attend specialist departments in Mthatha. Because of far distances and poor infrastructure in this environment, it can be very expensive for patients to attend a hospital. If, in doctors' opinion, it is necessary for a child to re-attend Canzibe hospital, or to visit a specialist department, Children in Need can help them financially.
- Cloths, blankets, food and other basic means.
- Pellagon or Formula Milk in emergencies
- Basic equipment in the Paediatric and Maternity Ward.
- Canzibe Hospital recruited an Occupational Therapist, Physiotherapist and Social Worker since January 2009. During their social work, they have also been able to identify children in need and disabled children. The main expenses were again transport money to review patients in the Hospital, in the local clinic or send them to specialists in Mthatha. Clothes, food and other basic needs were also covered by children-in-need funding.
- The Social Worker is involved in the application-process to apply for a Child Support Grant. Some children are suffering from hunger and lack of medical attention, because the mother doesn't have enough financial resources to care for the child. With a Child Support Grant, she gets a monthly amount of money, to be able to feed and take care of her children.



Every month, an average of 12 children do directly benefit from the Children in Need funding. At the moment, the greatest cost is the transport to specialist departments in Mthatha. Because the clinical team in Canzibe has been expanded with an Occupational Therapist, Physiotherapist and Social Worker, there has been a larger group of children in need identified, including disabled children.



Quote from a Doctor working in Canzibe Hospital.

“Yesterday, I was working in my consulting room in OPD (OutPatientDepartment), as my next patient walked in. He is an 8-year old boy with an ear infection. He is wearing old cloths and walks barefoot. I ask him: “Where are your shoes, buti (young boy)?”. He answers softly: “I don’t have shoes”. He came all alone to the Hospital; the mother didn’t have time to come with. I ask a caregiver to go with the boy to the shop and buy shoes for him. An hour later, he is in my room again. With a big smile on his face and shiny shoes put on his feet. Now, this was definitely a Child in need.

Education Program

About Transcape Education Program

The rural Eastern Cape (former Transkei) is an area which was deliberately under-developed during the Apartheid years. As a result, access to quality education is extremely limited and owing to lack of access, children from the area are at a disadvantage from an early age. TransCape's work is primarily in this area.

The foundation work and experimentation of MEC (Mdumbi Education Centre) has resulted in the development and expansion of quality education into the surrounding areas.

The Education Centre consists of two rondavels which accommodate a variety of projects. The beneficiary groups have included more than 150 preschool children, 201 primary school children, 20 high school learners and more than 100 rural adults per year. Projects run from Mdumbi Education Centre include the MEC Preschool as well as four developing pre-schools, After School Enrichment, Scholarships and an Adult Basic Education and Training Project. There is also a library with over 1 000 books as well as computer room with 7 laptop computers.

2010 really started with a bang for TransCape's Mdumbi Education Centre!

After saying our good bye's to Kathryn Nurse, the woman with the vision and passion to start this whole project and persevere despite all the obstacles and difficulties, all of us quickly realised what a big mountain of opportunity we are facing.

It has been a challenging, yet exciting and rewarding year for our education program. The foundation work and experimentation of MEC has resulted in the development and expansion of quality education into the surrounding areas. This report will highlight past achievements and clarify the structure which will govern how we move forward.

From the outset, Mdumbi Education Centre has had two main objectives:

1. to improve education quality and access for rural communities (specifically Mankosi Community in the former Transkei)
2. to become a hub of networks, contacts, resources and expertise for education projects and initiatives growing out of MEC

Based on the results of the projects and discussions that have arisen out of experimentation with various approaches and projects, MEC has been able to expand the focus into the broader community.

There are now four main TransCape Education projects:

- ⇒ **Early Childhood Development**
- ⇒ **After School Enrichment**
- ⇒ **Adult Education**
- ⇒ **Scholarships**

Early Childhood Development Program



The Mdumbi Education Centre Preschool began in 2008. It has become an amazingly successful positive example of early learning and child care in rural areas. During 2009 the Mankosi Early Childhood Development Project was brought to life, inspiring, enhancing and educating 9 more teachers and 110 more children.

In January 2010, 137 beautiful little future leaders of the world took the first step into a brighter future.

The programme is run by 3 local teachers, Nolutho, Kholiswa and Nokubonga, from the Tshani

Community. The attendance has been outstanding so far, as the children enjoy stimulating lessons, activities and games throughout the day.

We were also very fortunate to have had our Preschool Education Consultant and good friend Melissa Butler here twice this year to train all our teachers and to make the program even stronger and more fun with her Professional Development program. Thanks again, Melissa! We miss you already and hope to see you soon!

Mankosi Early
Childhood Development
Project (former
TMECDP)

- ✓ Mdumbi Preschool,
Nonkqubela Preschool,
Manangeni Preschool,
Nceba Preschool
- ✓ 4 preschools, 1 project
manager, 1 mentor, 12
teachers, 140 children



One of Mankosi's sub-headmen visited the preschool to see what our children are doing, and also joined a Professional Development afternoon. It was inspiring to see how excited he is about not only the children, but their education and bright futures!

The 3 developing preschools still have a lot of obstacles to overcome, but the 9 teachers are amazing, passionate and working hard. Nolutho visits one preschool each Wednesday to train and help them. Every Tuesday she also hosts *Tuesdays @ 2*— a professional development session for all 12 teachers. TransCape is also supporting these schools with various resources and helping them become financially sustainable by registering with Departments of Education and Social Development.

Some other exciting news, is our new volunteers from New Zealand, Judy and Roger Hogg. Judy has been helping out in the preschool and will be very involved in the following activities during her two year stay:

Developing our theme boxes, improving and expanding the health and life skills lessons, as well as outdoor language play, setting up the organic classroom project and hosting parent workshops.

With Judy's help we will be able to take our preschools to the next level of excellence!

Our objectives for 2010—2012 are:

- ☐ train 12 teachers to effectively and sustainably manage 4 preschools
- ☐ develop and introduce relevant curricula and teaching methodologies
- ☐ improve access to nutrition, health and social support for 140 children
- ☐ to actively educate parents and care givers about early childhood
- ☐ to ensure long term financial sustainability for 4 preschools

The Mdumbi preschool teachers recently attended the Bulungula Incubator teachers' workshop. Thank you Annette Champion and your team for inspiring us! Our teachers learnt an amazing lot about arts and crafts, and alternative learning techniques and had very valuable and insightful conversations about education and all its aspects . We are looking forward to many more such fruitful meetings! During the workshop, there was an impromptu preschool song competition which the Mdumbi Preschool teachers won and they blew everyone away with their wide array of awesome songs!

Furthermore, we would like to thank Anita Raubenheimer of the Jabulani Foundation who is supporting us in trying to organize SETA training for our teachers next year.

Beneficiaries

Mdumbi Education Centre consists of 38 children and 3 teachers. At the end of 2009, 20 children graduated from MEC and 18 new learners enrolled in 2010. As an accepted and successful part of the community, MEC has now spread its wings to assist other local early learning initiatives in achieving the same. This Mankosi Early Childhood Development Project is made up of four preschools, namely; Mdumbi, Nonkqubela, Manangeni and Nceba. There are three teachers in each of the three community preschools, caring for a total 136 children age 3-6 years.

Objectives

The MEC Preschool's objective is to promote, provide and support quality, sustainable and holistic early childhood development for children from 3-6 years in the Mankosi Community. We are achieving this by providing access to quality training in ECD for practitioners and care-givers and by providing access to a range of resources for ECD and by ensuring children's nutritional needs are met. With MEC preschool serving as a lighthouse for the other preschools in the group, we are assisting these schools with twice a



week in-house, practical training and professional development; a school-resources rotating library consisting of educational toys, books and so forth; theme boxes for lessons and a complete preschool rural curriculum – known to be one of the best in South Africa. This curriculum was developed by MEC's American preschool consultant Melissa Butler and former MEC Education Director Kathryn Nurse. Our new volunteer, Judy Hodge is working day and night to complete it. Furthermore each school receives their portion of e-Pap. At the moment the 9 new teachers are still only volunteering, however, TransCape is working hard to help them register with Departments of Education and Social Development to become financially sustainable. Together with the headman and sub-headmen and communities of these various areas, we are committed to build new, permanent rondavels as well as well-maintained gardens for each school. Our end goal is to make all 4 preschools fully self-sustainable, operational lighthouses to serve as examples for the broader community.

MEC aimed to achieve this by:

- continuing to provide quality education at our lighthouse, MEC preschool.
- upgrading, developing and supporting other community preschools with the help of local authorities and communities who have agreed to not only give the preschools land of their own, but to build the rondavels as part of a community project. TransCape will only be supplying a few building materials like cement, door frames, locks and windows.

- encouraging families within Mankosi AA to see the home as an educational hub and to realise the value of not only developmental early childhood activities, but also education as a whole.
- continual support, guidance, professional development and resource sharing in order to learn from the model and implement it in their own preschools to become strong, independent, quality learning centres.



Strategy

MEC could either continue with exponential growth and improvements, or it could spread the use of resources as wide as possible to have a wider impact. We decided that the reality on the ground was pushing us for broader growth. Therefore, all sponsorship, resources and development is currently being shared amongst all four preschools which make up the Mankosi Early Childhood Development Group. A lack of skilled project managers dedicated to the project has also impacted on the growth and development of the preschools. We are very excited to welcome our new ECD volunteer from New Zealand, Judith on board. With her focusing solely on the running and

developmental aspects of our schools, they are sure to go from strength to strength.

1. To train 12 teachers to effectively and sustainably manage 4 preschools.
2. To develop and introduce relevant curricula and teaching methodologies.
3. To improve access to nutrition, health and social support for 150 children.
4. To ensure that orphans and vulnerable children's specific needs are met.
5. To actively educate parents and care givers about early childhood.
6. To ensure long term financial sustainability for 4 preschools.
7. To investigate replication of the model into neighbouring communities.

The project will run over the course of three years. The first year will focus on the development and introduction of curricula and concepts. Through constant monitoring, the second year will focus on improvements of the programmes and training offered and teachers will be supported as they take a more active role. The third year will be characterized by more distant support and project evaluation, by which time the funding secured from the Department of Social Development, will enable the preschools to continue without donor funding. A skilled Early Childhood Development Project Manager will manage the project for three years, with the help of a local, trained teacher/mentor.

150 children, ages 3-6 will benefit daily from emotional, intellectual, physical and nutritional support. These children will be better prepared to enter the school system and will raise the standard of education offered at the local school. The community workshops to be held twice a year will encourage parents to participate in the process of learning alongside their children. Once parents experience the amazing power and potential of a nurtured and educated child, they will in turn put pressure on the poorly managed local primary schools to improve and provide better quality education for their children.

By creating an Organic Garden classroom at all 4 preschools the learners will get the benefit not only of much needed sustainable farming techniques and processes, but also produce healthy, fresh

vegetables and fruit for all the children. Excess produce will be sold. This, in turn, will inspire community members to take a fresh interest in their own agricultural endeavours. With the help of hippo rollers, schools will also have more access to clean drinking water.

With an increase in available preschools orphans and vulnerable children (OVCs) in the area will be more formally supported by a regular and monitored structure. Home-Based Care workers and OVC advocates, working in other TransCape social projects will communicate regularly with the preschool teachers in an effort to monitor and support the orphans and vulnerable children. In this way, children who have lost parents or are vulnerable to neglect, are not accommodated in separate buildings, but rather form part of a mainstream support that is designed with even the most vulnerable children in mind.



Past achievements

With the help of your generous donation, the teachers and project manager at MEC were able to support the 3 community preschools by:

- **modelling “best practice”** for 9 teachers on a regular basis. MEC’s head teacher, Nolutho, goes to the various preschools once a week to observe, advise and discuss. At a weekly professional development workshop, Tuesdays @ Two, all 12 teachers have an opportunity to practice new knowledge, share problems, get new resources and so forth.
- mentoring 9 teachers in implementing the MEC **learning schedule and curricula** in their preschools
- implementing a **“toy library”** rotation system, which rotates educational toys and equipment to each preschool every term.
- **40 theme boxes** for the curricula has also been developed.
- each preschool have received their **own box** of non-rotational educational toys, puzzles and other equipment, as well as stationary.
- Hippo Rollers



Katie Rutherford was kind enough to donate 5 hippo rollers to the preschool project. Now, getting and transporting water is no longer a chore! These clever contraptions can hold 90 litres of water.

- ePap



- Thanks to a generous donation from Mthatha Rotary, the preschool supply of nutritious ePap has been stocked up. **Epap porridge** has had a noticeably positive effect on the physical and mental development of the children.

Current/new things

- With the help of Anita Raubenheimer from Jabulani Foundation, our teacher will be able to complete their EDTP SETA Level 4 training.
- All 4 schools have been granted a site in the community for preschool buildings. The various tribal authorities and communities have committed to building the schools.
- We have introduced an Organic Classroom project which will not only teach the learners much needed sustainable farming techniques and processes, but produce healthy, fresh vegetables and fruit for all the children. Excess produce will be sold.
- We are having regular parent/community workshops and trainings.
- We are in the process of completing the rural curriculum.
- Each preschool has received a resource box and we are continually developing this.

- We are currently investigating registering all schools with the Department of Social Development and Department of Education.
- We have established Student Governing Bodies, consisting of parents and important community members for each preschool. They are heavily involved in all decision making.
- The preschools took their learners to the clinic to ensure that they get their vaccinations.

Challenges

- Currently we are working as a cluster of preschools with inspired and motivated teachers, most of whom are working with little formal training and no financial support. Initially we thought of fundraising for all 12 salaries. However, not only is obtaining funding for operational costs extremely difficult, but it would also mean that instead of making each preschool self-sustainable, we are actually helping them to become more dependent on outside funding. Therefore TransCape has decided to help them become registered with the appropriate government departments.
- Acquiring land for preschool buildings was also difficult, but we now seem to have the local authorities, as well as communities on our side, working hard to get these buildings and gardens ready as soon as possible.

Next steps

- MEC will continue to operate as a lighthouse preschool and will honour its commitment to share resources, skills and expertise, in an effort to raise the level of early childhood care in Mankosi for not only 38 children, but 140 children.
- Getting all the teachers trained and securing government funding for all schools
- Completion of relevant rural curriculum development, with special focus on the Grade R programme, to be distributed to other schools and preschools in the area.
- ETA SETA training for teachers in 2011, as well as other professional development opportunities. Our overall goal is for the teachers to be able to do everything in the schools themselves, explain the rationale behind all teaching decisions and be able to teach other teachers how to create meaningful, rigorous learning environments.
- Helping each preschool community to build and set up their proposed new buildings.
- Implementation of the Organic Gardening Project at all 4 preschools, which will not only teach the learners much needed sustainable farming techniques and processes, but produce healthy, fresh vegetables and fruit for all the children. Excess produce will be sold.
- Establishing social and health networks in order to identify and deal with the needs of orphans and vulnerable children.



- Registering all 4 preschools with Departments of Social Development and Education in order to secure sustainability.
- Expansion and development of the parent and community workshops to share specific learning ideas, especially geared towards sustainability, utilizing found objects and nature materials to expand children's learning, homeschooling and so forth.

AFTER SCHOOL ENRICHMENT PROGRAM

"The racialised inequalities of South African education, rooted in apartheid, continue to structure schooling in profoundly divisive ways."

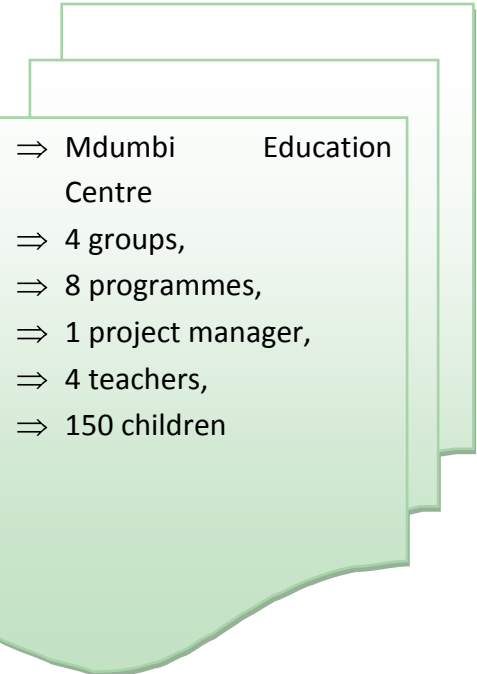
Children living in rural areas have to fend for themselves on a daily basis. The children of the Mankosi Community struggle everyday with issues relating to poverty, hunger, neglect, alcohol abuse and HIV/AIDS. Family responsibilities, like looking after younger siblings, fetching water and firewood and herding cattle are among the many reasons children do not attend school regularly. The problems of inequalities in rural educational development due to ineffectual provincial government, inadequate feeding schemes, lack of classrooms, lack of qualified and motivated teachers as well as a severe lack of educational resources are particularly felt in the rural Eastern Cape .

The dropout rate in rural Eastern Cape schools is higher than the national average. An official Assessment Report on the UNESCO Education for All program reveals that in South African rural areas, 19.1% of children between the ages of 6-14 had dropped out, compared to 11.4 % in urban areas, while the dropout rate for children over 14 years rises to above 40%.

In the Mankosi Community, children who attend school in spite of all these problems, walk for about 90 minutes to a school with no furniture, few teachers and very little educational input. Actual school days are erratic and children suffer from a lack of stimulation and opportunity to learn. Therefore, in the short term there is a need for supplementary education and in the long term a need for intervention and support for the local school.

Work done to date

- 150 children, ages 6 - 16 years will benefit daily from educational, physical, emotional and nutritional support. These children are being motivated to stay in school and apply their knowledge and skill, thereby raising the standard of education offered at the local school. They will also be more likely to continue with their education until High School and stand a better chance of enrolling at a tertiary education institution.



⇒ Mdumbi Education Centre
⇒ 4 groups,
⇒ 8 programmes,
⇒ 1 project manager,
⇒ 4 teachers,
⇒ 150 children

- Since 2006, they have been regularly attending after school classes at Mdumbi Education Centre. They have done this of their own accord and continue to show serious interest in improving their own lives through education.
- The eldest group of dedicated learners has the opportunity to receive High School scholarships for the most dedicated and committed learners among them. TransCape currently has 8 high school scholarship students, 1 junior and 1 university student.
- We have implemented and are constantly developing and improving supplement learning through a literacy program which uses computers, workbooks and structured lesson plans.
- We have implemented and are constantly developing and improving a numeracy program which uses computers, workbooks and structured lesson plans.
- We aim to improve reading abilities and interpretation of information through library and reading programs.
- The library has recently been upgraded – with over 1000 books, we have added an audio visual section, including educational TV, natural history, culture and so forth.
- With an increase in after school care, orphans and vulnerable children (OVCs) in the area are more formally supported by a regular and monitored structure. Home-Based Care workers and OVC advocates, working in other TransCape social projects will communicate with the project in an effort to monitor and support the orphans and vulnerable children. In this way, children who have lost parents or are vulnerable to neglect will be supported and cared for.
- MEC has hosted 2 holiday sports workshops (netball, soccer and athletics) in 2010.
- We also have a fun, but educational program for each holiday to provide a safe environment for children.

- 
- 201 children, ages 6 - 16 years benefits daily from educational and emotional support. This is clear in observation of the children, parental involvement and the recent interest the junior school has been showing in this project.
 - It is clear that children are being motivated to stay in school and apply their knowledge and skill, in the continual increase in attendance.
 - This has led to the offering of scholarships to the most dedicated learners.
 - Due to the success of the literacy, numeracy and reading programs, it has become apparent that not only are we now in a position to develop our range of programmes, but the learners are demanding it.
 - With an increase in after school attendance, it has become evident that, due to poverty and neglect, children in the area are in desperate need for nutritional sustenance, as well as more structured social and health networks in order to identify and deal with the needs of orphans and vulnerable children.

The 150 children attending the After School programs in different groups do so entirely voluntarily and are very eager to learn.

These are students who take their own schooling very seriously and benefit from English, Life Skills and Numeracy Lessons as well as Computer Lessons and access to the Library and Educational TV.

We are very happy with the turnout so far this year. The kids seem to enjoy the slightly more structured lessons a lot and the teachers have been amazing and are working very hard not only to develop their ability to teach youth, but to inspire and motivate these young minds.

Thanks to our Dutch partner Kwasa, we have been able to expand our audio visual library. It is now well-stocked with even more educational dvd's, general interest, world cultures and natural history.—a little something for everyone, young And old! By giving our learners access to these new worlds, we hope to get them interested and inspire them to want to know and learn more about the world around them and *out there*. By doing this, we want to simultaneously encourage them to start reading up on and researching new topics.



During the April holidays, Thathiswa, assisted by our Young Angel scholarship students hosted a Netball Workshop for the girls in Considering that we had absolutely no budget for this, it was a roaring success and generated a lot of excitement and interest.

With the Fifa World Cup 2010 in the background, Mdumbi Education Centre hosted a Sports Workshop during the June holidays with the help of Kwasa.

What started out as a 1 day netball workshop for girls, developed into a full blown sports workshop for everybody and all ages. Jay, Thathiswa and Andisiwe developed a great programme that included netball, soccer AND athletics!



The workshop covered

- Fitness training
- Skills training
- Small tournament
- Peer-to-peer support
- Snacks and lunch
- Prizes
- Labor for at least 3 women
- Age appropriate life skill training

A whopping 83 children turned up (we were expecting between 10 and 30...) and, without even taking notice of the freezing cold weather, howling wind and unseasonal rain, had the most fun ever. When asked if they wanted to have a workshop again during the September holidays, an excited YEESSSS!!! echoed through the hills. The teachers and Young Angel scholarship students (who volunteered) really did an awesome job!

Thank you Kwasa, for making this happen!

The TransCape After School Enrichment Project aims to build on existing programs offered at MEC, as well as extend the variety of programs offered. The project will achieve this through the provision of 8 different programs, which link directly with the 8 project objectives. Project objectives include:

- to fast track and supplement learning through a literacy program which uses computers, workbooks and lesson plans
- to improve reading abilities and interpretation of information through library and reading.
- to increase exposure to ideas, culture, issues, discussion and debate
- to develop a sense of teamwork and identity through a sports program involving soccer, netball and other outdoor games
- to develop creativity, imagination and skills through art, drama and craft
- to educate learners in life skills and making positive choices with a focus on identity, sexuality, health, HIV/AIDS
- to learn about growing food, nutrition and agriculture through the OC Program.

The project will run over the course of three years. The first year will focus heavily on improving the 3 supplementary programs currently running. The second year will introduce 5 new programs including sports, arts, life skills, gardening and the environmental program. The local school will be involved and included in all developments and programs will be replicated in the local school where appropriate. The third and final year will consolidate developments at the MEC site and will begin more focused implementation at the local school, by working with teachers, principals and governing bodies.

200 children, ages 6- 16 years will benefit daily from educational physical and nutritional support. These children will be better motivated to stay in school and apply their knowledge and skill, thereby

raising the standard of education offered at the local school. They will also be more likely to continue with their education until High School and stand a better chance of enrolling at a tertiary education institution.

With an increase in after school care, orphans and vulnerable children in the area will be more formally supported by a regular and monitored structure. Home-Based Care workers and OVC advocates, working in other TransCape social projects will communicate with the project in an effort to monitor and support the orphans and vulnerable children. In this way, children who have lost parents or are vulnerable to neglect will be supported and cared for.

There are many dreams we have still to realise and it is our goal to have an activity to offer every child, every day of the week at MEC.

Supporting local High School and Primary School

In conjunction with the principal at Ntshilini High School, Transcape supported our community's high school by providing them with much needed goods.

- Youth: we have purchased and installed a **new prefabricated classroom, 300 chairs, 150 desks, shelving and 3 blackboards** to accommodate Grade 10 learners at the local high school. Many high school learners have also started attending Saturday ABET and life skills lessons.
- Juniors: we have maintained commitment from **200 after school learners** who attend after school enrichment classes.
- Juniors: we are developing rural curricula to use in conjunction with educational television, access to a good library and educational computer software
- **Juniors and Youth:** We are working with Bulungula Incubator, Jabulani Foundation and Ikhaya Labantwana Montessori in Coffee Bay to make the South African government aware of the condition of our local schools. The plan is to make them sit up, notice and start doing something about it!



Adult Basic Education and Training

Since 2006, TransCape has helped over 100 local adults start up their own businesses with the help of interest free microfinance loans. Through a process of monitoring and evaluating the microfinance project, it has become apparent that the business education aspect of the project needs to improve. Adults with little or no literacy or education take much longer to grasp concepts of business and profit and money. Therefore, MEC opened its doors and made the computer and training room available to the TransCape Adult Education Project.

As one of TransCape's first education projects, Mdumbi Education Centre enrolled over 100 adults in Adult Basic Education and Training (ABET) in 2008/2009. Through a partnership with Media Works and AgriSeta, many adult learners have successfully completed and passed exams to date.

The TransCape Mankosi Literacy and Education Project arose out of Mdumbi Education Centre's Adult Basic Education and Training programme, as well as communications with the local High School Principal. Literacy assessments of adults and high school learners revealed extremely low levels of literacy and competency with numbers. Therefore the TransCape Adult Education project was established as a way of improving the literacy and education levels among the Mankosi Community, with unexpected success.

Beneficiaries

88 adults (18 years +) for ABET training at MEC.

Objectives

The main objective of this project was to provide support to existing educational structures with the provision of quality and sustainable education, while improving literacy levels and skills training for the broader Mankosi Community.

This was achieved by:

- increasing the number of ABET learners at MEC up to 150 learners
- increasing the number of adult programmes offered at MEC to 3 programmes

1. Past achievements

With the help of your donation, we were able to achieve the following:

- Adults: we increased the number of ABET learners at MEC to **100 learners**, with **43 learners** passing exams with very commendable results
- We are currently training our facilitators to offer a new, internationally recognized **computer course**. We will be implementing this additional course as soon as our facilitators are ready.
- Adults: we have developed a "**services and communication**" aspect which includes typing, photocopying and internet access. Once our computer course is up and running, additional internet services such as online shopping, browsing, banking and so forth will be explored.
- Adults and youth: with the help of a sizable donation from our Dutch partners Kwasa, we have been able to expand our audio visual library exponentially. Now we do not only provide educational TV for young children, but also have fascinating viewing material ranging from natural, history, diy, social, health and so forth – proving to be very popular among the whole community.

2. Challenges

The main challenge has been the overwhelming amount of work involved in each area. We have learnt a great deal from some minor setbacks, experimentation and always having an open approach. We have discovered that each area of operation requires a slightly different approach and requires a skilled project manager to manage the process in the relevant ways.

This is not to say that this challenge cannot be overcome. TransCape's approach is one of maintained and constant mentoring and support over time.

3. Next steps

We now have strategies and proposals for the four projects. We have decided that we will wait until the majority of funding is secured before developing the next phases of any of the projects.

Adult Education and After School Enrichment projects that are already well established will continue to maintain their level of operation until such time as we can afford capacity for skills development for local teachers, principals and facilitators.

Our government-funded ABET content provider (MediaWorks) has had to end its work due to the termination of its funding from the government. We are currently ending the course with our existing students and we are looking for an alternative service provider to ensure the good continuity of the program. We are also investigating the possibility of expanding and providing more practical skills courses such as garment making, brick laying and so forth.

Scholarships

List of Scholarship Students

Name	School and Grade
Young Angels Nosisa Gxiyana Asiphe Matsobhayi Zikhona Mphehlule Zintle Ntlangano Phatheka Siya	Dalingyebo High School Grade 10
Fikiswa Masiso Siphesande Mabhulu Tony Gebengana Musa Jampo	WSU (Walter Sisulu University) Bachelor of Social Work (BA) St John's College – Mthatha Grade 11 Hudson Park High School – East London Grade 11 St Patrick's Junior Secondary School Grade 1

Young Angels



- After a rigorous selection process, based on criteria such as dedication and commitment, independence and willingness to learn, we identified 5 scholarship students from our Young Angels Afterschool Enrichment program.
- We had a number of meetings collecting all forms, applications and other information
- We had intense discussions about what is expected of the girls and the conditions of the scholarship.
- We visited the High School on two occasions, once with all the parents as well!! They loved the outing and were overjoyed at the thought of learning in such an environment. The parents met with the hostel mamas they explained very carefully what life will be like for the Young Angels while they stay and learn at Dalindyebo. We, as TransCape are very happy with the level of education the learners are receiving. The girls were very happy to meet some friends from their village who are one grade ahead of them. Their friend, Nosipho, promised to look after them and make sure they settle in.
- Registration for the year was December 3rd. Marteli and Thathiswa accompanied the girls to make sure they are all allocated beds and are assigned the correct classes.
- We did a pregnancy test on each girl before the term begins, as being pregnant will unfortunately disqualify them from the program. They are always tested after a holiday as well.
- Our five Young Angels (Grade 10), Asiphe, Nosisa, Phateka, Zikhona and Zintle were all smiles when they left in their brand new uniforms for Daledyebo High School.
- The first term was hard as they struggled to adapt to the new environment, being away from home and some serious studying. However, as we knew they would, our Angels did their best and are working hard and loving it.
- We are sure that they will have the time of their lives whilst making the most of the opportunity to change it.

Siphesande Mabhulu



Siphesande was one of the first learners to attend After School Enrichment classes and has been with us ever since. She received a scholarship to attend St John's College in 2009 and is currently completing Grade 11. Siphesande is doing very well and is hoping to become a doctor one day!

Tony Gebengana



Tony was one of the first Mdumbi scholarship students. He started his high school career at Mthatha International.

During December 2009 holidays, the principal and teachers of Hudson Park school in East London visited here at Mdumbi. Tony zoomed in and got himself into the school. They had one cancellation and offered it to Tony. It is the best or one of the best schools in East London.

The costs are more than double what he was costing us until now but there is no stopping Tony, he is going. He went to visit the school and principal. The principal and math teacher even offered Tony a place to stay in their homes over weekends. During the week he has a spot in the school hostel.

We decided to support him in this. Every year he becomes more and more focused on his school work and future. We have a winner and we would like to give him the best we can.

Tony is ecstatic about the new school. He continues to say how it is on such a higher level. I think he is for the first time part now of the western life, the life we grew up with and so easily take for granted. He is coping but of course he has to catch up a lot. We are paying for him for math extra classes. He refuses to go to a lower standard in Maths which he could easily pass, he wants to make it on higher grade. The teachers at the school have an interest in him and are really putting in an effort to help him catch up.

Tony is very intelligent and extremely motivated. He is a fast thinker and talker and you should be careful when in conversation with him. He is totally driving himself to come out on top. He wants to become a civil engineer and went to “shadow” at an existing civil engineering contracting firm during the July holidays.

While still living here and helping out at Mdumbi when he was only 14 years old, he used all the money he could gather from guiding guests on hiking trails or odd jobs he did for us to build another rondavel for his grandmother and brothers and sisters. He hasn’t got a father and his mother died when he was about 10. Then he became the oldest of the children and they were taken in by his grandmother. He loved her and she him. He said she was the “goodest” person he knew. He told me the story of when she died. She one day told him and the other children that one day she will leave the house as normal to go cut grass for thatching in the field and then she just won’t return so that she won’t be any trouble. Then, one day this year, he was on holiday and working here at Mdumbi for pocket money. When he went home that evening all the children were in a state because grandmother went to cut grass and didn’t return. Tony calmed everyone and told them that they know what she told them so why are they surprised now and that they should go and look for her. Soon they found her body close to the grass cutting fields curled up under a bush.

Now the children have no relatives to take care of them anymore which is putting pressure on Tony but we had a meeting with the community and some community members took them in and Mdumbi is giving R500/month to help buy food and Tony is allowed to continue his education.

Tony was here this weekend for a long weekend because our government is striking and killing anyone with a government job who is working. I saw him Saturday helping to build another rondavel for this people who took in the children.

Tony will always give back to his community. He sees this opportunity we are giving him as a privilege and thanks Hyman and Johann every time he sees them. He told Hyman that, at the beginning he didn’t know if he could trust him and Johann but that today they are like a father to him and he is just grateful that they crossed his path. He has agreed to give back a percentage of his salary to the Education Centre as soon as he starts earning one day.

Fikiswa Masiso

Fikiswa Masiso decided to continue her tertiary studies at the Walter Sisulu University in Mthatha, because it is not far from her home and family in Tshani Village. She is studying Social Work

She says life in Mthatha is good and everything is moving.

What does she like most? Fikiswa says the highlights of life in the city is visiting, communicating with HIV Positive people and orphans during her field work.

What doesn’t she like? Travelling at night when coming from school, since most of her classes and tests take place in the evening.

Fikisiswa has been doing a lot of practical field and group work. This is also part of studying she enjoys most, including psychology, criminology and community development.

The reason she likes field work, group work and community development, is the “hands on” work it requires, for example going to a children’s home and teaching the kids that being disabled does not mean you are worth less than other people. She means sometimes social agencies do not help children accept their disabilities by talking them through it. This is also why she enjoys psychology – because it is about counseling.

On the other end of the spectrum, Fikisiswa does not particularly enjoy Sociology because it deals with things that happened in the 1800’s and she does not really see the point of learning these things, when there are so many other interesting facts out there.

Special Message

Dear Jutta

I would like to thank you a lot for your support and help in achieving my dreams. I really appreciate what you have done for me.

Fikiswa Masiso

A more detailed profile on one of our Scholarship Students



It is a pleasure to give you an update on Musa Jampo and his great achievements at school!

But first, let’s have a quick reminder on how it all started... Transcape’s education team and Melissa Butler have worked over the last few years for our

Education Programme here in Tshani Village in Rural South Africa. Our programme runs several educational projects, ranging from Pre-Schools to After-School Enrichment and Adult Training and Education.



Through these projects, it soon became very apparent that a Scholarship scheme was required. Our Scholarship programme is aimed at children with clear abilities as well as a heart for learning.



Selecting a child amongst so many deserving ones is never easy, but Musa stood out. He not showed natural abilities towards learning, but also as an orphan, his situation at home had become very precarious. We discussed his situation and future with 'Magogo' - his grandmother and guardian.

Conditions for Scholarship for Musa Jampo (Militia Nkuna)

Dear Musa

You are very lucky to be given an opportunity to attend a better school in Umtata. This chance is being paid for by Melissa and her friends in America. To have this chance there are some things you will have to do and some very important things you will have to remember:

1. Write or draw a 'Thank You' letter to Melissa and her friends every quarter (we will take a photo of you and send it to Melissa in the post, and I am sure some of her friends will write back!)
2. Always try your best at school.
3. Listen to the teacher and follow the rules of the school.
4. Play nicely and share with your friends.
5. Respect yourself
6. Phone iMagogo or Sisi Thathiswa with any problems, or even if you are just feeling a bit lonely.

Dear Magogo

We hope you will be able to support Musa during his 11 years of schooling. Many people have come together to help Musa and we really want him to have a successful experience so that he can have the chance he deserves. He will need your help and we ask you to remember the following things:

1. TransCape will pay for school fees, hostel fees, transport, uniform, stationery, outings and other school-related things
2. It is your responsibility to tell TransCape about these things that Musa may need as well as buy them from Umtata if necessary.
3. It is your responsibility to go with Musa on the first and last day of each school term.
4. It is your responsibility to organize someone from your family to visit Musa every weekend.
5. It is your responsibility to meet with TransCape (Thathiswa and Marteli) every month to discuss Musa's progress and problems.
6. This meeting will happen on the last Saturday of every month

I hereby agree to the above terms and conditions.

Militia Nkuna
Signed: Musa Kona Jampo

Magogo
Signed: M. Jampo

In presence of witness
Thathiswa Masiso

Signed: T. Masiso

TransCape and Mdambe Education Centre have helped you to have a better education. To pay back what you have been fortunate enough to receive, you will be required to help all the other learners in RED, Power of Love, Jam Alley and Young Angels. You will also be expected to be a good role model for the other learners of MEC.

In the holidays and on long weekends, you will be expected to:

- help other groups with reading, writing and lessons
- help every holiday with the holiday programme
- help in the Library
- help with TV translation
- help with anything that is needed
- ~~selling clothes to raise money for MEC~~
- ~~doing other work to raise money for MEC~~
- ~~attend all MEC events during the holidays and weekends~~
- use the Library and Computers to do your homework and school projects

Congratulations. We are proud of you.
Good Luck for the future!

Learner: Musa Jampo

Signed: MUSA JAMPO

Date: 1 December 2009

Parent/ Guardian: MADAME C. JAMPO

Signed: M. Jampo

Date: 1 December 2009

Manager- Scholarships: Marteli van Niek

Signed: [Signature]

Date: 1 December 2009

We drew up together a 'contract' for his scholarship as well as agreeing on a list of 'to dos' so that Musa can contribute in his own way back to the community.

We then looked around for a suitable school for Musa and found that St Patrick's school in Mthatha (the nearest town) was the right choice

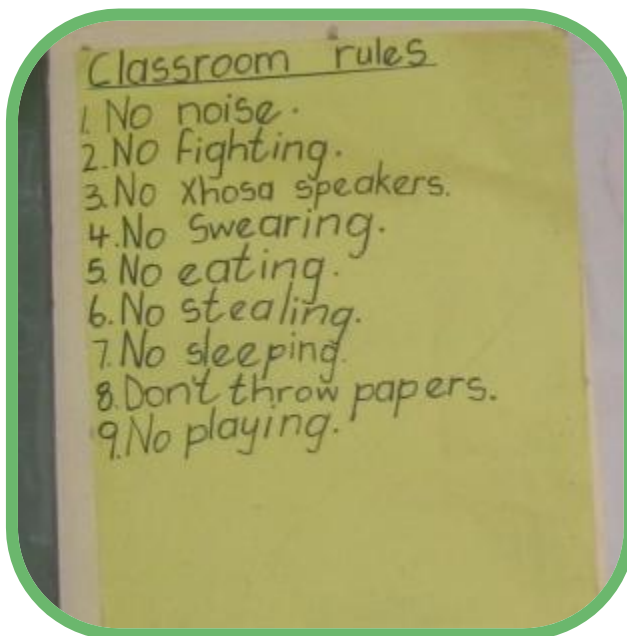
Let's have a look of St Patrick's school, where Musa studies....



This is Sister Benett, she runs St Patrick's school. She is very much loved and respected by the students, teachers and parents. Below you can see, Musa's classroom with his teacher and fellow learners.

This is an unusual classroom in South Africa. You can see desks and chairs where the learners can study in a suitable manner.

Even more unusual, are the rules one would find on the classroom wall...



By having basic needs met such as desks, chairs, basic teaching material, St Patrick's school is considered one of the best schools in the area.

Most of the learners you can see on this picture come from middle-class backgrounds. Typically, their parents would be civil servants, doctors, lawyers etc.




This is the school playground. On this picture you can see Musa and his 'Magogo' (grandmother) and guardian. She came with us to take Musa home for the school holidays. Having Musa studying at St Patrick's has been a bit difficult for her. Her financial means are a lot less than the ones of the other learners'

parents. She feels the strain of not being able to buy the things the other parents can offer to their children. These are non-essential things such as latest toys/gadgets/sweets, but it has been something that has mattered a lot to her. We've explained to her that the best gift she can bring to Musa is her care, love and by giving him the opportunity to learn in a good school.

Musa doesn't seem to mind that much. He has made friends at school and has exceeded any of our own expectations. At the beginning of the year, Musa was doing so well at class, that the teachers contacted us and suggested he was good enough to jump directly to the higher grade.

Learning area	FIRST TERM	SECOND TERM	THIRD TERM	FOURTH TERM
	Level	Level	Level	Level
LITERACY	3	3		
NUMERACY	3	4		
LIFE SKILLS	3	3		
Signatures:	Principal <u>S.R. BENET</u> Educator <u>[Signature]</u> Parent <u>[Signature]</u> Comments <u>R.P.</u>	Principal <u>S.R. BENET</u> Educator <u>[Signature]</u> Parent <u>[Signature]</u> Comments <u>R.P.</u>	Principal <u>[Signature]</u> Educator <u>[Signature]</u> Parent <u>[Signature]</u> Comments <u>[Signature]</u>	Principal Signature <u>[Signature]</u> Educator <u>[Signature]</u> Parent <u>[Signature]</u> Comments <u>[Signature]</u>

RATING CODE	DESCRIPTION OF COMPETENCE
4	Has exceeded the requirements
3	Has satisfied the requirements
2	Has partially satisfied the requirements
1	Has not satisfied the requirements


 School Re-opens 12-10-10 School Re-opens 12-10-10 School Re-opens 12-10-10 School Re-opens 12-10-10

Since then, his grades are excellent.

The Organic Garden

About the Organic Classroom Project

The key objectives of the MEC Organic Classroom Project are:

- To ensure that each child gets a healthy, nutritious, fresh meal a day
- To enable young children to learn about growing food, nutrition and agriculture in a sustainable and organic way.

The Garden

Initially the garden was going to be 7m x 4m enclosed by a fence. We were going to erect one large tunnel with shade cloth for walls and roof – size 6m x 3m. However, Mdumbi Backpackers generously donated a portion of their land for our use! The new garden is approximately 15m x 3m.

The garden is located behind the Mdumbi Backpackers restaurant, close to the Mdumbi Education Centre to ensure easy access by all the learners, teachers and facilitators.

At the moment we are busy with the hard landscaping of the garden.

One of the first things, was to erect a proper fence to ensure that the cows, horses and goats that roam freely in our community will not be tempted by a “free lunch”. This will be covered and strengthened with shade cloth, especially to protect the garden against the raging coastal wind we experience.

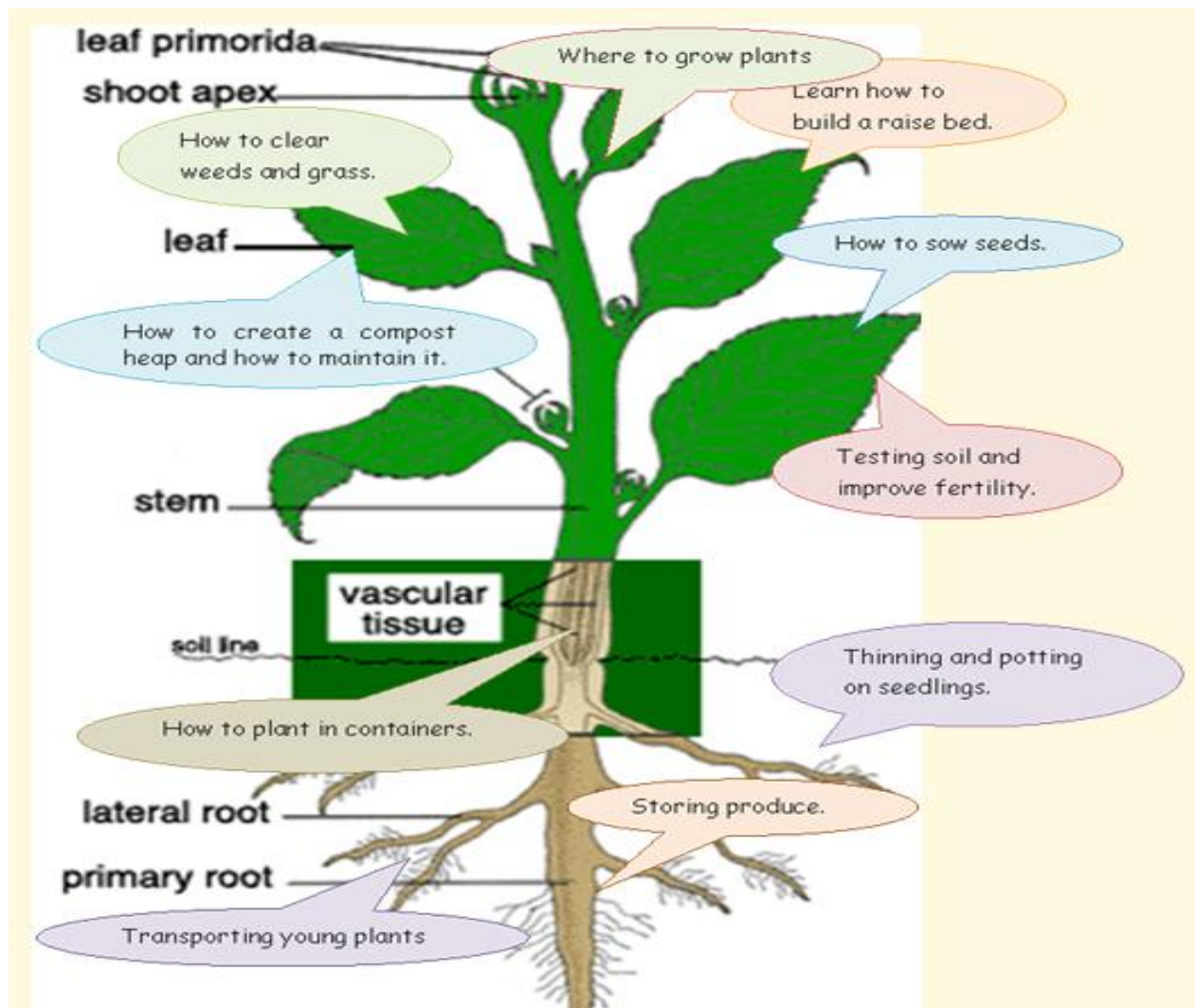
We will then purchase and erect an organic hydroponic gardening tunnel to protect crops and enhance productivity.

Next steps:

- Shade cloth for fence
- Purchase organic hydroponic gardening tunnel
- Plant seeds and seedlings
- Complete organic classroom curriculum

About farming

The learners will learn some of the following skills:



Working with the environment – basic principles to organic farming

Through games and activities, we will teach key organic concepts such as:



Planning skills



The beneficiaries

- The Pre-school learners
The harvest of the Mdumbi Education Centre garden produce will be used for the preparation of their daily meals
- The Learners
The learners of the Organic School program will learn about organic farming and organizational skills
- The educators
They will gain training in organic farming and new teaching skills

Up to date progress:

Week 1: Cleaning space and leveling gardening area as well as creating keyhole learning bed.



Week 2 - 4: Creating composting area, starting mulching process and digging holes for wind break banana trees

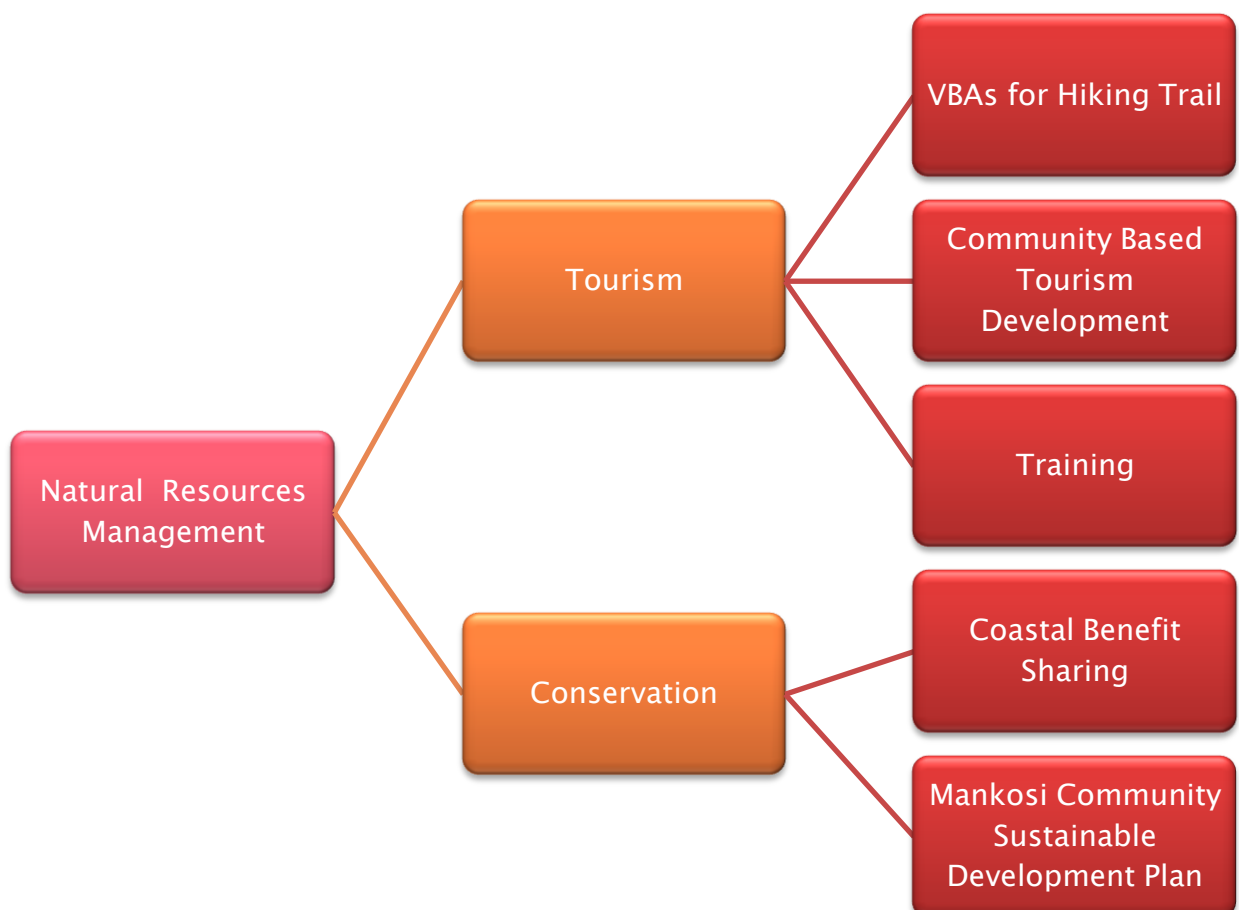


Week 5: First Organic Classroom Lesson!

One of our gardening experts explained to the preschool learners what is currently happening, including mulching, composting and what kinds of veggies we are going to plant. It was a roaring success and the children were very excited!



Natural Resources Management Program



Tourism Program

Village Based Accommodation for the Port St John's to Coffee Bay Hiking Trail

The Village Based Accommodation project targets hikers walking from Port St John's to Coffee Bay. It benefits the 6 Port St John's guides and the 8 families owning these accommodation facilities.

Key Objectives

To create income for families living on the Wild Coast between Port St Johns and Coffee Bay, Rural Eastern Cape, South Africa, by improving the existing locally managed Village Based Accommodation and catering facilities for tourists doing the Port St. Johns to Coffee Bay hiking trail.

HOW?

TransCape upgraded the 8 existing Village Based Accommodation (VBA) facilities between Port St. Johns and Coffee Bay by installing hot water systems and buying and delivering new mattresses, table and chair combinations and bedding.

TransCape carried out basic maintenance by fixing windows, hinges and water systems and at the same time trained the local VBA owners how to do it themselves. TransCape provided training to improve tourist hospitality, service delivery, and communication and implement a satisfactory operational and pricing plan for VBA owners by doing a one week workshop with two members of each VBA family, including all active trail guides.

Transcape helped in the creation of a legal and financial entity to represent the local community concerning the trail.

TransCape;s set in place a basic tourist satisfaction evaluation tool and provide an authentic African experience for tourists and help market the wild coast trail as an eco-tourist activity.



Statistics

Participants	15 People	Their Households	136 People; 9Av/Fam
Language	100% Xhosa	Children Under 7	15.4%
Gender	100% Female	Children 7-18	29.4%
Family Position	13% Head; 13% Extended; 33% Child and parent; 40% Wife	Adults working	10 = 13.3% of people older than 18 (55%)
Child Grants	13 participants receiving 18Grants; (R210/child)	Child Grants	16 more child grants, averaging 2.3 / family including participants
Other Income	1 Pension of R970,00 Total of R2800,00 other income	Pensions and disability	7 more pensions and one disability grant (R940)
Cell Phones	60% have got	Other income	R3370,00
Radios	53% have got	Total income	R1467.33 Av/Fam including that of Participants
To Mthatha in 3 months	Average of 1.4 times	Cell phones	2.66 Avg/Fam
Shoes	Average of 1.6 pairs	Cooking fuel	93% wood with 67% paraffin as well
Blankets	Average of 1.8 blankets	Water tanks	20%
Sharing	80% sharing with 1.4 people	Times to Mthatha in a Quarter	1.6 times Average/Family
Walls of Room	53% clay, 33% clay brick with cement, 13% cement plastered	Toilets	33%
Schooling	100% had schooling	TV	26%
Average Grade	7.4	Cupboard	1 Avg/Fam
Grade 12	13.3%	Solar panel	20%
		Generator	26%
		Radio	73%
		Schooling below grade 8	18%
		Grade 8	10%
		Grade 11	5.3%
		Drivers License	2.6%

Community Based Tourism Development

Transcape has been focused this year on developing its Tourism Program. We have worked closely alongside two communities in the Nyandeni Municipality. The overall objective is the creation of a community owned eco-tourism complex situated in the Wild Coast, OR Tambo District, Eastern Cape Province.

This project is a partnership between the Llwandile Community Trust and TransCape NPO. 50 % of the profits will directly go towards that community; the other 50% will go towards funding existing and new projects that are managed by TransCape NPO that will therefore of benefit to the various communities in the Nyandeni District.



What we have achieved so far:

Llwandile Eco-Tourism Project Phase 1 (completed)	Deliverables	Outcomes
Community and Cultural Sustainability: <ul style="list-style-type: none"> • Consultation with Llwandile Local Tribal Authorities • Consultation with Llwandile Community Trust • Consultation with Dept of Land Affairs • Member of the OR Tambo District Tourism Forum • Workshop with Port St John's Police Authorities 	<ul style="list-style-type: none"> • Community resolution agreement signed between Llwandile Community Trust, Llwandile Tribal Authorities, Transcape NPO, Dept of Land Affairs and Mdumbi Backpackers • Transcape NPO is a member of the OR Tambo District Tourism Forum 	<ul style="list-style-type: none"> • Ensure human resources capacity • Ensure that community maintains control over tourism development • Tourism development is initiated with broad based community input • Ensure respect of land and property rights of local inhabitants • Ensure that local traditions are depicted well and with respect • Identify guidelines to educate tourists about desirable and acceptable behavior • Identify guidelines for the safety of tourists and of the local community.
Economical Stability: <ul style="list-style-type: none"> • Business Plan • Market Research • Marketing Campaign • Training Scholarships • Consultation with Nyandeni LTO • Review of the Tourism Charter Guidelines 	<ul style="list-style-type: none"> • Understand the market • Understand the 'product' • Mdumbi Backpackers chairs the Nyandeni LTO (Local Tourism Organisation) • Creation of a Business Plan • Four training Scholarships secured at the SA College for Tourism. 	<ul style="list-style-type: none"> • Ensure a triple bottom investment approach • Ensure financial incentives for local businesses to adopt sustainable principles • Form partnerships • Establish guidelines for training and certification • Diversify the 'products' with a wide range of tourist activities

Ecological Sustainability:

- | | | |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> • Site analysis • Collaboration with UCT on Coastal Benefit Sharing research for WIOMSA (Western Indian Ocean Marine Science Association) • Environmental Site Visit by our ECO (independent environmental consultant) • Collaboration with various authorities to organize a process for environmental permits | <ul style="list-style-type: none"> • Identify best views, Hiking tracks, wind tracks, water spots, natural beauty spots, access to shops, road etc. • Identify two potential sites by ECO for an EIA submission • EIA submission registered at DEAT • Create clear environmental guidelines for our visitors and tourists | <ul style="list-style-type: none"> • The design and location of the site is low impact on the environment (e.g water supply, waste, use of sustainable energy) and provides a view and a pleasant experience for the visitors and yet is discreet against the overall landscape • Establish a conservation strategy to lower environmental risks such as erosion that could be linked to this project • Develop a monitoring and evaluation plan with external experts • Ensure that our strategy maintains the environment as it is key to attract the tourism market • Identify acceptable behavior amongst our visitors and tourists. |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

Latest developments:

1. We have obtained the support from Nyandeni Municipality with their recent letter of support. This will enable us to further our application process with various government bodies.
2. We went to a meeting with Llwandile Community Trust to further define the terms in which the revenues sourced from that enterprise will be used and accounted for.

Challenges:

1. The Legislation regarding the implementation of Tourism ventures on the Wild Coast has changed last August. It may delay the process of our current application.



Training: Scholarships at the South African Tourism College

The South African Tourism College offers a bursary to young women from disadvantaged background living in rural Eastern Cape.

TransCape approached the community of Mankosi and Lwandile and told them of this opportunity. We organized the selection interviews, helped them filling in the forms and approached their parents. We are glad to say that all 4 submissions were accepted. Full tuition fees, boarding fees and living costs will be undertaken by the College.

The four young women will attend this college next year. We are working closely with the SA College for Tourism so that this wonderful opportunity could be repeated year after year.

MID YEAR EXAMINATION RESULT – JUNE 2010

LEARNER NAME	DEVETE, MP
LEARNER NUMBER	2010/019

Herewith your year marks for the different subjects. The mark for each subject consists of a continuous evaluation mark (30%) and a formal examination mark (70%). To pass a subject the final mark should constitute a minimum of 50%.

Please pay special attention to those subjects where you have not attained satisfactory results.

	FOOD & BEVERAGE SERVICE %	CULINARY ART %	ACCOMMODATION SERVICES %	FRONT OFFICE OPERATIONS %	AVERAGE MARK %	
MID YEAR MARK JUNE 2010	54	58	62	50	56	LEARNER AVERAGE %
	56	63	61	61	60	CLASS AVERAGE %

**Marks reflected in RED indicates a failed subject*

Conservation Program

Coastal Benefit Sharing

The University of Cape Town is currently carrying out a research on the Coastal Resources Benefit Sharing in Southern Africa under WOMSA (Western Indian Ocean Marina Sciences Association). Their project leader for South Africa and researcher have approached TransCape to provide them with 'on the ground support' for the research carried out in the Mankosi A/A. TransCape's Natural Resources Management Team was involved in the drawing of the qualitative surveys, carrying out the surveys and drawing conclusions for the creation of the Mankosi Community Sustainable Development Plan.

The Mankosi Sustainable Development Plan

Vision:

- ➡ To develop and implement a planning model for rural community development that would allow communities to perform a complete analysis of their assets and relationship with their surroundings on all levels.
- ➡ To build from this analysis a vision, objectives, strategies, projects and activities that would guide them to optimally enhance these assets in a fair and sustainable way.
- ➡ To document and evaluate this process in a way that would ensure that it is continually positively adjusted and bettered so that it could be more effective for future use.

Goals:

- ➡ To consolidate and build the capacity, infrastructure and representative ness of the existing Mankosi Trust.
- ➡ To enhance ongoing relationships, commitment and involvement between Mankosi Community, Government, Donor and other Service Providers, on macro, meso and micro levels.
- ➡ To facilitate and manage a planning process through intensive participatory and action workshops using SLA tools, focused on defining assets, outcomes, strategies, project and activities with an incorporated SWOT analysis for Mankosi Community with the support of Mankosi Trust.
- ➡ To actively involve relevant Government Departments, Service Providers, Specialists and Politicians in the planning process.
- ➡ To capture this planning process in a documented development plan (MCSDP).
- ➡ To steer this planning process in a way that its finalization naturally overflow in active implementation through working groups, application to the discretionary

ward fund budget, inclusion of projects in the IDP and proposals for external funds.

- ➔ To facilitate the formation of partnerships with relevant and essential government, NGO and private experts for support in implementation of the MCSDP.
- ➔ To continuously review and adjust the plan through ongoing feedback and meetings with working groups, Mankosi Trust and the community.
- ➔ Continuous evaluation and measurement of all processes, approaches, people's experiences, attitudes towards the intervention, tools used, capacity growth, asset utilization and basic demographics towards the formation of an enhanced model for sustainable community development.
- ➔ To introduce this model to 5 developmental authorities, governmental as well as NGO.

Social Program

Product and Services Development

Microfinance

In the rural area of the Nyandeni District the unemployment rate is incredibly high and therefore the standard of living very low. Most people living of social grants, which is obviously not enough to sustain a healthy and future orientated living. Schooling, clothing, nutrition and housing are hard to maintain. Many families are living at or under the poverty line.

TransCape is encouraging people to open their own businesses in order to create an income. An individual or a group (max. 5) can take out R2000 each. There are exceptions for vegetable gardens if a fence is needed the loan can be raised to R3000. We like to see especially the members of the HIV/AIDS Support Groups opening their own businesses. The loan will be paid back without interest over the period of one year. The money will be used again to establish new Microfinance groups.

Before they receive the contract and loan, the project manger will evaluate their business plans, do a sight visit and give them a two days training in basic business skills and book keeping.

Ones they have received the loan, they have got 6 weeks to start up their businesses and create their first income. After the 6 weeks, the project manger will visit for the first evaluation of the business and the first installment is due. We will be able to detect difficulties early enough and solve problems which might appear. Every month the project manager gets together with the groups for evaluation and installments.

The operational costs come to about 15% . This include diesel, communication, labour and stationary.

Statistics:

Total Number of clients	44
Female : Male Ratio	38:6
Age average	37
Number of people which will benefit of the business besides client e.g.	295

Children and other dependents	
Average of Schooling (in Standard)	5.8
Average income in SAR before the MF loan, per month per household	R 980,00

Five individuals had to close down their businesses.

Reasons for closure: one death, one sickness, one found a better job offer and two willful neglects.

The other 39 businesses are running well and the owners are achieving **254%** higher income then before!

The kind of businesses which were established:

- Vegetable gardens
- Chicken farming
- Spaza Shops
- Hair Salons
- Manufacturing clothing
- Selling of clothes, handbags, shoes, blankets ect.
- Selling of chicken , alive and frozen
- Restaurant
- Barbeque and fruit stall

Outcome

After one year 24 people have completed to pay back the whole amount. Others are still paying back on a monthly bases.

The clients were able to better their living circumstances in many ways. The majority reported that they are eating better and maintain a healthier lifestyle. More then half reported that they were able to build another house or renovate houses. New roofs, cement floors, water tanks and even tiles. Six families were able to send more children to better schools and university. Otherwise new cupboards, beds and blankets were purchased.

Future

In terms of capacity Transcape is able to open 4 groups a year with 20 clients each.

Financial (Since beginning of project in March 2007)

Total Funds received: R210517.24

Current Loans Out: R56000.00

Total Operational Cost: R23663.30

Total Pay Backs: R102628.00

Losses (15%): R28225.94

Most of these losses happened before Astrid took on the Micro Finance project and it was still in an experimental phase. For the period covered by this report and as far as your donation is concerned, our losses dropped to about 11%.

Donors

List of donors 2009–2010

- The Rotary Club
- Nyama Catering
- Kwasa
- 25:40
- Eine Welt Kreis
- Sonnervanck
- One Voice for Africa
- Royal Danish Embassy
- Melissa Butler and Friends
- Bambisana
- TransNed
- Tshani Cottages
- Love is All We Need
- Wilde Ganse
- BreadLine Africa
- Milja Church

Without financial support we would not be able to effectively make efforts toward decreasing poverty in the rural Eastern Cape. We would like to once again express our gratitude to all our sponsors. We do hope that you will continue to help us in the future. New ideas, support, sponsors and contacts are always welcomed. If you have any questions, comments or advice, or if you would like to make a donation, please do not hesitate to contact us.

Kind regards from the TransCape NPO Board

Astrid Gifford, Chairperson.