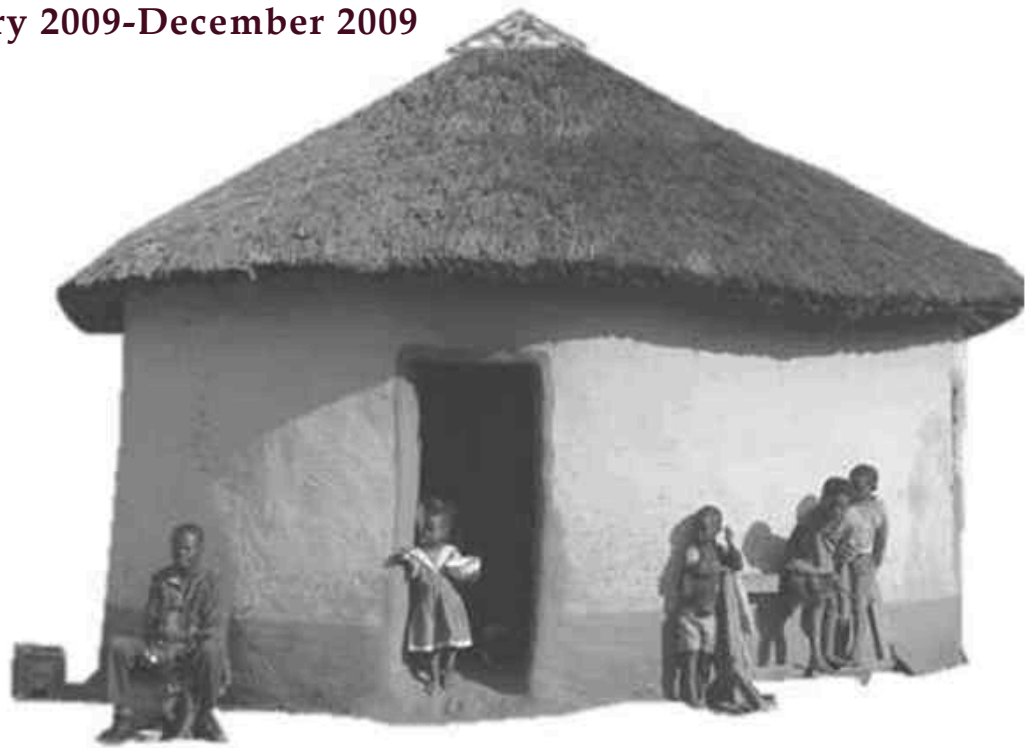


**Funding Proposal for**  
**TransCape**  
**Early Childhood Development**  
**Project**  
**Nutritional Feeding Scheme**  
**January 2009-December 2009**



**Transcape**  
NPO

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7 November 2008

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# TransCape

## Early Childhood Development Project

Early child development (ECD) is an “umbrella term” or a general classification that refers to the processes by which children from birth to seven years of age grow and flourish socially, physically, mentally, emotionally, spiritually and morally.

The TransCape Early Childhood Development Project Mission is to promote, provide and support quality, sustainable and holistic early childhood development (ECD) for children from 2- 7 years in the Mankosi Community, by providing access to quality training in ECD for practitioners and care-givers; by providing access to a range of resources for ECD and by **ensuring children’s nutritional needs are met.**

This proposal seeks **R 10 000.00** funding to ensure that the 70 children attending Preschools in Mankosi Community access nutritional food daily, for one year. This food comes in the form of ePap, a nutritional, vitamin-enriched cereal that is prepared with water. This ePap is widely used in South Africa as a solution for malnourishment associated with HIV/ AIDS.

## About Our Organization

Transcape NPO was registered with South Africa’s Department of Social Development on 4 August 2004, the brainchild of Mdumbi Backpackers’ workforce and friends, and medical staff at Canzibe hospital.

Canzibe is a rural Government hospital which provides a service to people in a wide geographical area, covering a large part of the Nyandeni municipal area. The staff at Canzibe were keen to improve access to treatment and care within the hospital and in the surrounding communities. Together with the managers and staff of Mdumbi Backpackers, they established TransCape in direct response to the perceived social, educational, economic and health needs in the area.

Mdumbi Backpackers works closely with the members of Mankosi community, Nyandeni district, to develop the local area in an eco-friendly way that benefits the community. They have been working on a range of tourism projects with community members since they first started in 2002. Through this experience, the managers of Mdumbi anticipated further job creation opportunities that could arise through appropriate development of skills and allocation of resources.

TransCape was founded in order to:

- Support the hospital to improve its service delivery
- Assist people to become active in their communities by participating in HIV/AIDS and health projects
- Help local residents take ownership of their resources and gain a sustainable income through tourism and micro-finance projects



In 2006 a qualified teacher from Cape Town formed a partnership with TransCape and Mdumbi backpackers to establish an education centre in the Mankosi community to:

- Support the local education system with preschool and after-school classes which develop the knowledge and skills of young people to the appropriate national level.

## **Our vision and mission**

Our vision is the activation of empowered communities which address and improve their own health, education, and economic development.

Our mission is to provide access to the support, knowledge, and resources necessary for communities to initiate the process of change towards a better quality of life.

## **Our approach**

TransCape helps implement projects that respond directly to local needs in the rural areas, ensuring that community stakeholders participate in their creation and development.

### ***"Promoting a self-sustainable development"***

We believe in facilitation; allowing the communities to take ownership of the projects themselves, empowering them to face the challenges affecting them, and also ensuring that they are sustainable. TransCape's projects include improving pathways to HIV/AIDS awareness, treatment and care, health promotion, education, job creation, and natural resource management.

## **Our activities**

- HIV/AIDS: Awareness and Information (photo on left); Support, training and empowerment of people living with HIV/AIDS; ARV distribution; Home Based Caring.

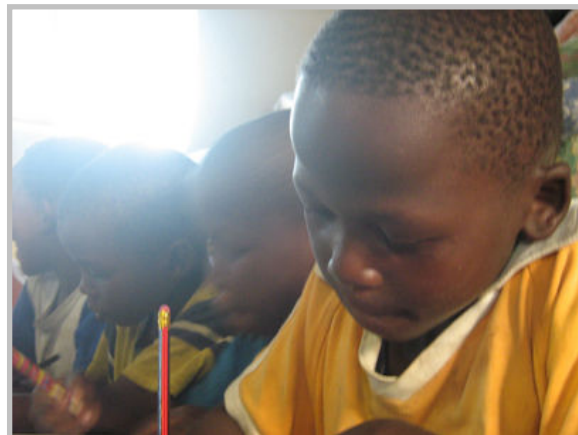
- Malnutrition: Intake of under fed children to bring them back to health and nutritional training for their parents.
- Maintenance and Upgrade of health facilities: Upgrade and maintenance of Canzibe Hospital and surrounding clinics.
- Education: Canzibe pre-school, Mdumbi Education Centre (photo on right), scholarships
- Interest Free Micro-financing
- Tourism Development: Village Based Accommodation; Port St. Johns to Coffee Bay Hiking trail; Community owned Tourism businesses
- Care and support for orphans and children in need

## **The community we serve**

Transcape is active with projects in wards 14 through to 26 of Nyandeni Municipality, OR Tambo District. Our main focus areas are Wards 22 to 26. In more cultural terms this is also known as the Konjyaoyo Tribal area.

We have been involved with initiatives from Port st Johns to areas South of Coffee Bay. Inland as far as the city of Mthatha. We coordinate our developmental efforts with Madwaleni and Zithulele Hospitals and Coffee Shack and Bulungula Backpackers.

We try as far as possible to identify existing community structures to work with.



Examples of this are: Tribal Authorities, Community Trusts, Community Developmental Organisations, existing HIV Support Groups and School Governing Bodies.

We always coordinate our efforts with existing government structures or personnel like Health Clinics and workers, Hospitals, Schools and local Municipality.

The Eastern Cape is one of South Africa's poorest provinces with, according to statistics from the Department of Social Development, the highest percentage of people living in poverty.

- Of all 55091 households, 41 % live on less than R9600/year.
- 59% of the population are under the age of 20.
- 17% of the population earn less than R800/year, while only 8% of the total population are employed.
- 53% of the municipality rely on rivers and streams as water sources.
- HIV prevalence in the Eastern Cape is among the highest levels in the country, at 29% of the population.<sup>i</sup>

## **Needs of the community and achievements of our organization**

- Major stigma and no information surrounding HIV and AIDS; *20 000 people from different communities visited our HIV awareness days in 2007 and 2008.*
- Poor health facilities; *550 people are currently receiving ARV treatment through our ARV unit at Canzibe Hospital; 360 bed ridden and critically ill people are cared for through our HIV support groups doing Home Based Caring.*
- Secluded regions in lack of government services; *220 orphans being cared for; Availability of water in Tshani Village; Transport to ARV patients and medical emergencies.*
- Over 20% of the local population is HIV positive; *10 support groups formed since 2006; 450 people trained through our Wellness program.*



- More than 94% of people living in the surrounding communities are unemployed; 80 *Micro-financed businesses formed since 2006; Mdumbi River Kayaking owned by two community members; 4 Families owning VBA's and 3 guides benefiting from our Village Based Accommodation project; 5 Locals owning and earning through our beading project; 11 local community members employed by TransCape.*
- 61% had no schooling; 150 students trained at Mdumbi Education Centre in 2007 and 35 toddlers at Canzibe Pre-School. Currently our Education Program has grown to include 2 rondawels,, 10 laptop computers, 75 adults for a Multi Media Literacy Project, 32 children in our new Preschool, a Community Library containing over 7 000 books as well as Training/Workshops
- 48% of households have no income and children are mal-nourished; 60 children were nutritionally brought back to health and their mothers trained in our Nokuphila Malnutrition program during 2007

#### **Active TransCape members:**

- 6 Active Board members
- 3 Advisory Board members
- 4 Volunteers
- 11 Employees

<b>Board Names:</b>	<b>Country</b>	<b>Education</b>	<b>Position</b>
Arjan van der Sar	(Dutch)	Mechanical Engineer	Chairperson
Milja van der Scheer	(Dutch)	Doctor	Fund development and Health
Astrid Goehner	(German)	Physiotherapist	Fund development and Micro-Financing
Johann Stadler	(South African)	Dip Nature Conservation	Social entrepreneurs and Construction
Hyman van Zyl	(South African)	Hon Psychology	Treasurer and Administrator
Kathryn Nurse	(South African)	PGCE (UCT)	Education
<b>Advisors:</b>			

Thobela Langa	(South African)	Old Mutual Sales Manager	Financial Advisor
Thathiswa Masiso	(South African)	Grade 11	Education and Community Advisor
Dave Rogers	(South African)	PhD Physical Chemistry	Developmental Advisor
<b>Volunteers' Name</b>	<b>Country</b>	<b>Education</b>	<b>Position</b>
Mike Boehme	(German)	Electrical Technician	General Implementation
Adski van Tonder	(South African)	Medical	General Implementation
Alice Clarfelt	(English)	Literacy	HIV/ AIDS
Simone van der Sar	(Dutch)	Doctor	HIV/ AIDS

#### Other sources of finance:

Transned – Holland  
Red Cross – Germany  
Love is All We Need - England  
Wilde Ganse – Holland  
Breadline Africa  
Numerous personal donors worldwide

#### Banking details:

Transcape NPO  
Standard Bank  
Mthatha West  
Sort Code: 052621  
Account no: 241686067  
Swift no: SBZAZAJJ

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<sup>i</sup> Estimated HIV prevalence out of antenatal clinic attendees. [www.avert.org/safricastats](http://www.avert.org/safricastats)

# Project Activity

## The need and context

### Problems and Needs

- severe lack of Early Childhood centres in the rural Eastern Cape (239 ECD centres for 14 426 learners)
- in the greater Mankosi area of a few thousand people, MEC offers the only functioning Preschool (which is too far for many children to walk to)
- the urgent need for Preschools is listed as a Mankosi Community Needs Analysis Priority (see Community Workshop below)
- the local Primary School (1 hour walk from Tshani Village) offers Grade R, but with no teacher and no resources.
- children enter Grade 1 with little or no basic knowledge and skills.
- **lack of nutritional health**

## Overall project objectives

- to improve the quality of ECD in Tshani Village (MEC and Community Preschool)
- to improve the quality and access of ECD in Mankosi Area (Primary School)
- to improve nutritional health of 70 Preschool Children

### Sub Objectives

#### 1) MEC site

- to increase capacity to 35 local children (MEC)
- to train 2 local teachers and 1 assistant in Early Childhood Development (ECD)
- to train 1 Head Teacher in an Advanced ECD Course
- for 3 local teachers to observe best practice at



other schools

- to improve educational practices offered at MEC
- to recruit 2 skilled volunteers to assist with programme
- to start a food garden to grow vegetables and fruit for feeding scheme
- to initiate twice daily feeding scheme for 35 children (porridge, vegetable soup and rice)

## 2) Community Preschool site

- to upgrade the Community Preschool building
- to support Community Preschool initiative with applications, funding and resources
- to train 2 teachers, and 2 care-givers in early childhood care
- for 2 local teachers to observe best practice at other schools
- to start a food garden to grow vegetables and fruit for feeding scheme
- to initiate twice daily feeding scheme for 40 children (porridge, vegetable soup and rice)

## 3) Primary School site

- to train 2 Grade R teachers in ECD
- to improve educational practices offered at Primary School
- to share MEC resources and material with local Primary School Grade R
- for Grade R teachers to observe best practice at other schools
- to train Grade R teachers on the use of materials and resources
- to start a food garden to grow vegetables and fruit for feeding scheme

- to initiate twice daily feeding scheme for 35 children (porridge, vegetable soup and rice)

#### 4) Community

- host Family Community Motivator (FCM) workshops and Parenting Programmes to educate parents and guardians on topics such as using the home as a primary site of learning, nutritional health, HIV/AIDS, children's rights, the importance of play as well as support in strengthening households headed by older children or elderly care-givers.

### **Specific funding objectives**

- to provide nutritional ePap, once a day to 70 Preschool students for one year (R 10 000.00)

### **Beneficiaries**

- the beneficiaries of this specific funding are 35 Preschool children from Mdumbi Education Centre site, as well as a further 35 Children from the Community Preschool site
- the children are all between the ages of 3 and 6 years old
- they are about 60% female
- all children beneficiaries are from Mankosi AA in the Ngqeleni District, rural Eastern Cape

### **Role of our organization and the community (for the specific funded nutritional project)**

- TransCape will ensure the ePap is ordered regularly and stored appropriately
- Community members will prepare and distribute the ePap to 70 children, during morning meal

## Longevity of funding

We are currently waiting for the Department of Social Development to accept our application for funding assistance from them for our nutritional feeding scheme. This might take more than one year to be approved. In the meantime, we have 70 children who are arriving at school, hungry for knowledge and nutritious food. We need to use the R 10 000 available now in order to assist these children develop emotionally, socially and physically.



## Budget and Costs

<u>Amount</u>	<u>No of Meals</u>	<u>Total (SAR)</u>
500g (one packet)	20 meals	R 11.50
1 bale (40 packets)	800 meals	R 460.00
2 bales/month	1600 meals/month	R 920.00
<b>10 months/year</b>	<b>16 000 meals/year</b>	<b>R 9,200.00</b>
Delivery	Monthly	R 80.00 (R 800.00/year)
+ 5% operational cost		R 500.00
<b><u>Total</u></b>		<b>R 10,000.00</b>

### Breakdown

Meals R 9,200.00

Transport R 800.00

Operational Costs R 500.00

**Total requested amount R 10, 000.00**

## Expected Benefits

*“The school feeding scheme is South Africa’s most critical aid in lifting people out of poverty. Not only does it provide sustenance to children in their critical growing years, but it also provides them with a major incentive to go to school, and allows them to focus better on their lessons.”<sup>ii</sup>*

### Lack of nutritional health

48% of households in the area have no income or money for food. This affects children in the following ways:

- they can afford to eat only foods with a low nutritional value
- this makes them more susceptible to infection and disease
- micronutrient deficiencies are prevalent in rural areas. One out of two children aged 1-9 years have an intake of approximately less than half the recommended level for vitamin A, vitamin C, riboflavin, niacin, vitamin B6, folate, calcium, iron and zinc. Iron deficiency and anemia are common problems among children in rural communities and dietary deficiency in iron is a major concern.<sup>iii</sup>



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<sup>ii</sup> Mail and Guardian “Great concern over school feeding cut” 28/09/2005

<sup>iii</sup> The Integrated Nutrition Programme <http://www.doh.gov.za/programmes/inp/status.htm>

## Closing

Hereby, we as TransCape kindly request R 10, 000.00 financial assistance to ensure the nutritional well being of 70 children in the greater Mankosi area. We are committed to assisting these 70 children with their emotional, social, intellectual and physical development.

